ONE MINUTE MADARSA

ایک منٹ کا مدرسہ

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DARUL ISHAAT
Karachi - 1 Pakistan

ONE MINUTE MADRASAH

FROM THE TEACHINGS OF:
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BARAKATUHUM
DAWAT UL-HAQ-HARDOI

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About The English Translation

Alhamdulillah some of the students and Ustadhs of the Madrasah Arabia Islamia did the translation, Arabic calligraphy and type setting of the "One Minute Madrasah", in an emergency situation, i.e. in ten days before the annual Jalsa, in the wake of the pending final examinations.
May Allah fully reward them and grant them a full share in all the goodness that comes into existence by their efforts. Aamein.
The fruit of their efforts was realized at the annual Jalsa of 1410 when the "One Minute Madrasah" was already available to the public.
A complete revision of the translation is now being done in the last ten nights of Ramadhaan in Ei'tikaaf in the Masjid of the Madrasah Arabia Islamia.
May Allah through His infinite mercy & kindness grant this revised translation also the honour of complete and perfect acceptance in His court and may He make it a means of mankind being guided to Siraat-e-Mustaqeem and grant us a full share in all goodness that comes into existence in whichever from, wherever and whenever.
Aamein Ya Rabbal Aalamein.
29 Ramadhaan 1410 (25 April 1990) before Maghrib.

LESSON 1

1) TRANSLATION OF NAMAAZ

اَللّٰهُ اَكْبَرُ

"Allah is the greatest." In fact greatness only belongs to Allah.

2) ONE SUNNAT

One of the Sunnats governing Qiyaam (the standing position in Namaaz) is to stand facing the Qibla upright. The head should not be bent.

3) ONE MAJOR SIN

Among the major sins with regard to which punishment has been mentioned is:
To laugh at someone belittling him.

4) THE HARMS OF SINS

Of the harms of sins that will occur in the world is that due to the evil of sin one is deprived of the knowledge of Deen.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

One of the blessings of virtuous and pious deeds which is granted in this very world is that one will be granted Barkat (prosperity) in one's sustenance i.e. sometimes apparent increase also takes place and Barkat is always granted.

LESSON NUMBER 2

1) TRANSLATION OF NAMAAZ

"O Allah we express Your purity" سُبْحَانَكَ اللّٰهُمَّ

2) ONE SUNNAT

Yesterday we discussed that in Namaaz one should stand upright, facing the Qibla and not bend one's head.

Today's lesson is that the toes should also be facing the Qibla and it is Mustahab that there should be a gap of 4 fingers between the feet.

3) ONE MAJOR SIN

Among the major sins one sin is: "To taunt someone".

4) THE HARMS OF SINS

One harm of sins in this very world is that sustenance decreases i.e. the Barkat of Rizq goes away. Despite one's sustenance appearing to be plentiful, very little benefit is derived from it. It may well be spent away in sicknesses, anxieties and wastage.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP.

One of the benefits of obedience and worship is that various forms of Barkaat will descend from the sky on earth.

LESSON NUMBER 3

1) TRANSLATION OF NAMAAZ

"And praise be unto you" وَبِحَمْدِكَ

2) ONE SUNNAT

The first Sunnat of Namaaz was that one should stand upright facing the Qibla without bending the head. The 2nd Sunnat was that the toes should also face the Qibla.

Today's lesson: The Takbeer-e-Tahreema (1st. Takbeer) of the Muqtadi (one following the Imam) should be said immediately after the Imam's Tabkeer-e-Tahreema. N.B. If the Muqtadi's Takbeer-e-Tahreema finishes before the Imam's then the following of the Imam will not be correct (Tahtaawie).

3) ONE MAJOR SIN

Among the major sins for which severe punishment has been mentioned is: Calling a person by bad insulting name e.g. O blind one, O cripple or fatty etc.

4) THE HARMS OF SINS

One harm of sins in the world is that the sinner experiences a kind of terror from Allah Ta'aala.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP.

One benefit of obedience is that one is freed from all types of difficulties and worries and Allah Ta'aala grants salvation from every type of affliction.

LESSON NUMBER 4

1) TRANSLATION OF NAMAAZ

"And Your name is blessed" وَتَبَارَكَ اسْمُكَ

2) ONE SUNNAT

Two Sunnats of Qiyaam have been mentioned. The feet must face the Qibla. The Takbeer-e-Tahreema of the Muqtadi should be said immediately after that of the Imam.

Today's lesson. While saying the Takbeer-e-Tahreema both hands should be raised up to the ears (This Sunnat is confined only to men).

3) ONE MAJOR SIN

Among the major sins for which severe punishment has been mentioned is:

To think evil of others without a Shar'ee proof.

4) THE HARMS OF SINS

Of the harms of sins in the world is that one gets a feeling of fear for people particularly one fears the company of the pious even more and will be deprived of the blessings of the company of the illustrious servants of Allah.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

One of the benefits of obedience and piety in this world is that objectives are made easy. Allah Ta'aala eases all tasks and aspirations are realized.

LESSON NUMMBER 5

1) TRANSLATION OF NAMAAZ

"And Your Majesty is glorious" وَتَعَالٰى جَدُّكَ

2) ONE SUNNAT

Yesterday the following Sunnats of Qiyaam were discussed.

i) The Takbeer-e-Tahreema of the Muqtadi should follow immediately after the Imam's.

ii) The males should raise their hands up to their ears while saying Takbeer-e-Tahreema

Today's lesson: While saying the Takbeer-e-Tahreema, the palms should face the Qibla.

3) ONE MAJOR SIN

Among the major sins concerning which severe punishment has been mentioned is:

To look for the fautls of others.

4) THE HARMS OF SINS

One of the harms of sins in the world is that the sinner will experience difficulties in most of his affairs.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

One of the benefits of piety and obedience is that by the Barkat of piety, life becomes a joy. It is clearly seen that kings also do not have such a joyous life as the pious servants of Allah.

LESSON NUMBER 6

1) TRANSLATION OF NAMAAZ

وَلاَ اِلٰهَ غَيْرُكَ

"And there is none worthy of worship besides You"

2) ONE SUNNAT

The Sunnats of Qiyaam which were discussed yesterday are:

i) The males should raise their hands up to their ears while saying Takbeer-e-Tahreema.

ii) The palms should face the Qibla.

Today's lesson: The fingers should be kept naturally i.e. neither completely open nor tightly together but in their natural relaxed position.

3) ONE MAJOR SIN

Among the major sins concerning which severe punishment has been mentioned is:

To backbite about someone i.e. to talk in such a manner of him in his absence that should he hear it, he would dislike it.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

One benefit of piety and obedience in this world is that rainfall, wealth and children increase; trees bear fruit and the water in the rivers increase.

LESSON NUMBER 7

1) TRANSLATION OF NAMAAZ

"I seek protection" أَعُوذُ

1) ONE SUNNAT

The two Sunnats of Qiyaam which were discussed yesterday are:

i) The palms should face the Qibla while saying Takbeer-e-Tahreema.

ii) The fingers should be kept naturally i.e. not too spaced out nor colmpletely together.

Today's lesson: iii) When folding the hands the inner palm of the right hand should be placed over the back of the left hand.

3) ONE MAJOR SIN

Among the major sins concerning which severe punishment has been mentioned is: To reproach somebody without justification

4) THE HARMS OF SINS

One harm of sins in this world is that by sins the weakness of the heart occurs i.e. the courage to do virtuous acts keep on diminishing until it fades away completely. Since the body is dependent on the heart, it too becomes weak. It is for this very reason that though the Kuffaar appeared healthy and strong they could not stand in front of the Sahaba Radhiallahu Anhum.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

One benefit of good deeds in this world is that Allah Ta'aala distances from the pious believers all evils and calamities.

LESSON NUMBER 8

1) TRANSLATION OF NAMAAZ

"With the help of Allah" بِاللّٰهِ

2) ONE SUNNAT

Yesterday the following 2 Sunnats of Qiyaam were discussed:
i) The fingers should be kept naturally i.e. not too spaced out nor completely together. ii) When folding the hands the palm of the right hand should be placed over the back of the left hand.

Today's lesson: iii) The males should form a ring around the wrist of the left hand by grippnig it with the thumb and little finger.

3) ONE MAJOR SIN

Among the major sins concerning which severe punishment has been mentioned is:

Carrying tales i.e. causing Muslims to fight, by carrying tales from here and there.

4) THE HARMS OF SINS

One harm of sins in this world is that a person is deprived of the ability (Taufeeq) to do pious acts until gradually all good deeds are left out by the evil of sins.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

One benefit of good deeds and worship is that losses in wealth are replenished and greater recompense is received.

LESSON NUMBER 9

1) TRANSLATION OF NAMAAZ

"from Shaytaan" من الشيطان

1) ONE SUNNAT

The 2 Sunnats of Namaaz which were discussed yesterday are:
i) When folding the hands the palm of the right hand should be placed over the back of the left hand
ii) The males should form a ring around the wrist of the left hand by grasping it with the thumb and little finger.
Today's lesson: iii) The males should place the middle 3 fingers of the right hand over the forearm.

3) ONE MAJOR SIN

Among the major sins concerning which severe punishment has been mentioned is: False accusation i.e to wrongly attribute a fault to somebody.

4) THE HARMS OF SIN

One harm of sins in this world is that life becomes shorter and the Barkat of life disappears.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

One of the benefits of virtuous acts and obedience is that by spending money towards the fulfilment of virtuous and worthy objectives, one's wealth increases.

LESSON NUMBER 10

1) TRANSLATION OF SALAAT

"Accursed". الرَّجِيْم

The translation of اَعُوْذُ بِاللهِ مِنَ الشَّيْطَانِ الرَّجِيْم

will be "I seek protection in Allah from Shaytaan, the accursed."

2) ONE SUNNAT

The following Sunnats of Qiyaam were discussed yesterday:

i) The males should form a ring around the wrist of the left hand by grasping it with the thumb and little finger

ii) The males should place the middle 3 fingers of the right hand over the forearm.

Today's lesson: iii) The males should fasten their hands below the navel.

3) ONE MAJOR SIN

Among the major sins concerning which severe punishment has been mentioned is: To deceive.

4) THE HARMS OF SINS

One harm of sins in this world is that one sin becomes the cause for another sin, thus sins become a habit and the giving up of sins becomes difficult.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

One benefit of obedience in this world is that by the obedience of Allah, the heart is filled with peace and serenity. In comparison to this, the contentment of the kingdom of the 7 continents is nothing.

LESSON NUMBER 11

1) TRANSLATION OF SALAAT

"I begin with the name of Allah" بِسْمِ اللّٰهِ

2) ONE SUNNAT

Yesterday the following Sunnats of Qiyaam were discussed:

i) The males should place the middle 3 fingers of the right hand over the left forearm.

ii) The males should fasten their hands below the navel.

Today's lesson: iii) To read Thana, i.e.

سُبْحَانَكَ اللّٰهُمَّ وَبِحَمْدِكَ وَتَبَارَكَ اسْمُكَ وَتَعَالٰى جَدُّكَ وَلَا إِلٰهَ غَيْرُكَ

3) ONE MAJOR SIN

Among the major sins concerning which severe punishment has been mentioned is:

To mock i.e. to cause person to feel ashamed of any of his sins or mistakes.

4) THE HARMS OF SINS

One harm of sins in this world is that by committing sins the intention of repentance becomes weak to such an extent that a person is completely deprived of the Taufeeq of making Tauba and eventually dies in this condition.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

Even one's children reap the benefit of obedience and worship, and such a person's children are also protected from calamities.

LESSON NUMBER 12

1) TRANSLATION OF SALAAT

"The Beneficient (Kind)" اَلرَّحْمٰن

بِسْمِ اللهِ الرَّحْمٰنِ

would mean "I begin in the name of Allah: who is Most Beneficient".

2) ONE SUNNAT

Yesterday the following Sunnats of Qiyaam in Salaat were discussed.

i) The males should fasten their hands below the navels.

ii) Thana i.e., سُبْحَانَكَ اللّٰهُمَّ should be read.

Today's lesson: iii) After the Thana Ta'awwuz should be read.

اَعُوْذُ بِاللهِ مِنَ الشَّيْطٰنِ الرَّجِيْمِ

3) ONE MAJOR SIN

Among the major sins concerning which severe punishment has been mentioned is:

To become joyful at the loss of another.

4) THE HARMS OF SINS

One harm of sins in this world is that after some days, the evil of sins leaves one's heart, then shame and modesty is also lost. Thus sins are committed openly and one is distanced from the mercy and forgiveness of Allah.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

Hidden glad tidings are given on obedience e.g. good dreams. Thus the love and good thoughts of Allah increase, by which the Taufeeq of doing more good deeds takes place.

LESSON NUMBER 13

1) TRANSLATION OF SALAAT

"The Most Merciful" الرَّحِيْم

بِسْمِ اللهِ الرَّحْمٰنِ الرَّحِيْم

would thus meaqn " I begin with the name of Allah The Most Beneficent, The most Merciful."

2) ONE SUNNAT

Yesterday the Sunnats of Qiyaam in Salaat were discussed.

i) Thana should be read i.e. سُبْحَانَكَ اللّٰهُمَّ

ii) The Sunnats of Qira'at, Ta'awwuz should be read

Today's lesson iii) To recite Tasmia i.e., بِسْمِ اللهِ الرَّحْمٰنِ الرَّحِيْم

is Sunnat

3) ONE MAJOR SIN

Among the major sins concerning which severe punishment has been mentioned is: To have pride i.e to consider oneself to be superior and to regard others as inferior.

4) THE HARMS OF SINS

One harm of sins is that every sin is the inheritance of some of the enemies of Allah. So that it is as though this person becomes the inheritor of those cursed nations who originated that sin e.g. cheating in business by the nation of Madyan In the Hadith it is mentioned that he who imitates a nation. will be reckoned amongst them. Therefore do not delay in repenting

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

By doing good deeds. at the time of death, the angels give glad tidings of Jannat. the bounties that are found there and of the pleasure of Allah Ta'aala.

LESSON NUMBER 14

1) TRANSLATION OF SALAAT.

"All praises" اَلْحَمْدُ

2) ONE SUNNAT

Yesterday the Sunnats of Qira'at in Salaat were explained:

i) Ta'awwuz should be read.

ii) To recite Tasmia.

Today's lesson: iii) Ameen should be said softly.

3) ONE MAJOR SIN

Among the major sins concerning which severe punishment has been mentioned is: To boast i.e. to show one's greatness

4) THE HARMS OF SINS

One harm of sins in the world is that a sinner loses status and becomes worthless in the sight of Allah Ta'aala. Thus the creation also have no respect for him. Even though people might apparently honour him because of their greed (i.e. they want something from him) or out of fear for him, however no one will have true respect for him. Allah Ta'aala says: "He who Allah disgraces, there shall be none to honour him"

5) THE BENEFIT OF OBEDIENCE AND WORSHIP

The effect of some forms of obedience is that when one is uncertain about something, then by carrying out a particular form of worship all doubts and apprehensions will be removed and one will be guided towards that in which there is complete benefit for one. Performing Salaatul Istikhaara and thereafter making Dua is one such form of worship

LESSON NUMBER 15

1) TRANSLATION OF SALAAT

"For Allah alone" لِلّٰهِ

would mean "All praise is due to Allah alone." اَلْحَمْدُ لِلّٰهِ

2) ONE SUNNAT

Yesterday two Sunnats of Qira'at were mentioned:

i) To recite Tasmia.

ii) To say Ameen softly

Today's lesson: iii) To recite Surahs from Surah Hujurat to Buruj in Fajr and Zuhr. In Asr and Esha from Buruj to Lam Yakun and in Maghrib from Iza Zulzilat to An Naas.

3) ONE MAJOR SIN

Among the major sins concerning which severe punishment has been mentioned is: To abstain from helping those in need despite having the ability to do so.

4) THE HARMS OF SINS

One harm of sins is that the misfortune of sins not only affects the sinner but other creations as well, even animals curse the sinner.

5) THE BENEFIT OF OBEDIENCE AND WORSHIP

Some forms of worship have this effect that they result in Allah Ta'aala's taking upon Himself the responsibility of fulfilling the need of the virtuous person. In a Hadith Qudsi it is mentioned "Son of Adam! Perform 4 Rakaats of Salaat for Me in the beginning of the day, and I will fulfill all your needs till the end of the day" (Tirmizi Shareef)

LESSON NUMBER 16

1) TRANSLATION OF SALAAT.

"All praise is only for Allah, The Sustainer" اَلْحَمْدُ لِلّٰهِ رَبِّ

2) ONE SUNNAT

Yesterday the following Sunnats of Qira'at in Salaat were discussed:

i) Ameen should be said softly.

ii) In Fajr and Zuhr the Surahs from Surah Hujurat to Buruj should be read. In Asr and Esha Surahs from Surah Buruj to Lam Yakun should be read. In Maghrib Surahs from Surah Iza Zulzilat to Surah An Naas should be read.

Today's lesson. Lengthen the Ist Rakaat of the Fajr Salaat.

3) ONE MAJOR SIN

Among the major sins concerning which severe punishment has been mentioned is: To cause damage to anyone's belongings.

4) THE HARMS THAT OCCUR DUE TO SINS

One harm is that sins cause the mind to become weak and the intelligence to diminish. Commission of sins is proof of one's foolishness. If one's intellect were sound one would not disobey that Powerful Being who controls both the worlds. Furthermore for the sake of the little enjoyment of a sin, one will destroy the benefit of Dua and one's hereafter.

5) THE BENEFIT OF OBEDIENCE AND WORSHIP

Some virtuous acts have the effect that they cause Barkat in possessions. It is mentioned in a Hadith that if the seller and buyer speak the truth and disclose the condition of the goods then there will be Barkat for both of them in their transaction. (Bukhari and Muslim)

LESSON NUMBER 17

1) TRANSLATION OF SALAAT.

"All the worlds" اَلْعَالَمِيْنَ

اَلْحَمْدُ لِلّٰهِ رَبِّ الْعَالَمِيْنَ

would thus mean "All praise is only for Allah, who is Sustainer of all the worlds.

2) ONE SUNNAT Yesterday the following Sunnats of Qira'at in Salaat were discussed:

i) In Fajr and Zuhr, the Surahs from Surah Hujurat to Buruj should be read, in Asr and Esha from Burooj to Lam Yakun and Maghrib from Iza Zulzilat to Surah Naas should be read.

ii) To lengthen the Ist Rakaat of the Fajr Salaat.

Today's lesson: iii) The Qur'an should not be recited too fast nor too slow but at a medium pace

3) ONE MAJOR SIN. Among the major sins concerning which severe punishment has been mentioned is To harm the reputation of a person.

4) THE HARMS OF SINS

One major harm of sins is that by committing sins one comes under the curses of Nabi Sallallahu alaihi wa sallam; for example Nabi Sallallahu alaihi wa sallam cursed the taker of interest, the giver of interest, the writer of the transaction and witnesses to it. He also cursed the thief, makers of picture, those who commit the sin of the people of Lut Alaihis salaam (i.e. homosexuality), those who vilify the Sahaba Radhiallahu Anhum etc etc If there was no other harm of sins then this harm is great enough that one comes under the curses of Nabi Sallallahu alaihi wa sallam Naoozobillah

5) THE BENEFIT OF OBEDIENCE AND WORSHIP

By obedience, religious leadership and prosperity remain intact.

LESSON NUMBER 18

1) TRANSLATION OF SALAAT.

"Most Beneficient" الرَّحْمٰن

2) ONE SUNNAT

Yesterday the following Sunnats of Qira'at in Salaat were discussed:

i) To lengthen the Ist Rakaat of Fajr Salaat.

ii) The Qur'an should not be recited too fast nor too slow but at a medium pace

Today's lesson: Sunnat. iii) Only Surah Fatiha should be read in the 3rd and 4th Rakaats of Fard Namaazes

3) ONE MAJOR SIN

Among the major sins concerning which severe punishment has been mentioned is: Not showing mercy towards the young.

4) THE HARMS OF SINS

One harm of sins is that by committing sins a person is deprived of the Dua's of the angels. Allah Ta'aala says in the Qur'an that the angels make Dua-e-maughfirat (Dua of forgiveness) for those believers who follow the path shown by Allah Thus those who, by committing sins, have left the path are deprived.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

By some monetary worship the anger of Allah is appeased and one does not die a bad death Nabi Sallallahu alaihi wa sallam has said that Sadqa (charity) cools the anger of Allah Ta'aala and saves one from a bad death (Tirmizi).

LESSON NUMBER 19

1) TRANSLATION OF SALAAT

"Most Merciful" اَلرَّحِيْم

اَلرَّحْمٰنِ الرَّحِيْم

would thus mean Most Beneficient, Most Merciful

2) ONE SUNNAT

Yesterday the following Sunnats of Qira'at in Salaat were discussed:

i) The Qur'an should not be recited too fast nor too slow but at a medium pace.

ii) Only Surah Fatiha should be read in the 3rd and 4th Rakaats of the Fardh Namaazes.

Today's lesson: iii) Takbeer should be said while proceeding for Ruku.

3) ONE MAJOR SIN

Among the major sins concerning which severe punishment has been mentioned is: Being disrespectful towards elders

4) THE HARMS OF SINS

One harm of sins is that disasters occur on the earth i.e. wind, water, grain, fruit etc. diminish. It can thus be concluded that the lack of Barkat which is happening daily is the result of our sins

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

One effect of worship is that Dua causes calamities to be deviated and virtuous deeds cause one's life to increase Nabi Sallallahu alaihi wa sallam said: "Predestined matters cannot be obviated except through Dua and nothing extends one's life except virtuous acts" (Tirmizi)

LESSON NUMBER 20

1) TRANSLATION OF SALAAT

"Owner" مَالِكِ

2) ONE SUNNAT

Yesterday these Sunnats of Salaat were discussed

i) Only Surah Fatiha should be read in the 3rd and 4th Rakaats of Fardh Salaat.

ii) Takbeer should be said while proceeding for Ruku.

Today's lesson: iii) In Ruku, males should grasp their knees with their hands.

3) ONE MAJOR SIN

Among the major sins concerning which severe punishment has been mentioned is:

Abstaining from helping the hungry and needy in conformance to one's means

4) THE HARMS OF SINS

One harm of sins in this world is that by sinning one loses shame and modesty. When shame is lost a person does the worst of things.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

By reciting Surah Yaasin all work is accomplished. Nabi Sallallahu alaihi wa sallam said "The needs of a person who recites Surah Yaasin in the morning will be fulfilled

(Daarami)

LESSON NUMBER 21

1) TRANSLATION OF SALAAT

"Day of Reckoning" يَوْمِ الدِّيْنِ.

مٰلِكِ يَوْمِ الدِّيْنِ

thus means "The owner of the Day of "Reckoning".

2) ONE SUNNAT

Yesterday these Sunnats of Ruku were discussed:

i) Takbeer should be said while proceeding for Ruku.

ii) In Ruku males should grasp their knees with their hands.

Today's lesson: Sunnats of Ruku: 3. The male's fingers should be spread while grasping their knees.

3) ONE MAJOR SIN

Among the major sins concerning which severe punishment has been narrated is: To abstain from speaking to one's Muslim brother for more than 3 days due to some worldly matter.

4) THE HARMS OF SINS

One harm of sins is that by the perpetration of sins the greatness of Allah comes out of the heart. When the greatness of Allah no longer remains in the heart then this person has no respect in the sight of Allah. It thus consequently occurs that this person becomes disgraced in the eyes of the people and is discarded.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

The recitation of Surah Waaqiah protects one from poverty Nabi Sallallahu alaihi wa sallam said: The person who recites Surah Waaqiah (every night) will never be affected by poverty. (Shua'bil-Iman)

LESSON NUMBER 24

1) TRANSLATION OF SALAAT

"And You alone we ask for help" وَإِيَّاكَ نَسْتَعِينُ

2) ONE SUNNAT

Yesterday these Sunnats of Ruku were discussed:

i) The calves of the legs (the section from the ankles to the knees) should be kept straight. ii) The males should keep their backs level.

Today's lesson: Sunnats of Ruku: The head and the lower back of the males should be in a straight line.

3) ONE MAJOR SIN

Among the major sins concerning which severe punishment has been narrated is: To beg inspite of being healthy.

4) THE HARMS OF SINS

By committing sins the Shaytaan overpowers him and easily drowns his limbs in sin.

5) THE BENEFITS OF OBEDIENCE ANDWORSHIP

Some Duas have this Barkat that worries are removed and debts are settled. In the Hadith this Dua is mentioned:

اَللّٰهُمَّ اِنِّیْ اَعُوْذُ بِكَ مِنَ الْهَمِّ وَالْحُزْنِ وَاَعُوْذُ بِكَ مِنَ الْعَجْزِ وَالْكَسَلِ وَاَعُوْذُ بِكَ مِنَ الْبُخْلِ وَالْجُبْنِ وَاَعُوْذُ بِكَ مِنْ غَلَبَةِ الدَّيْنِ وَقَهْرِ الرِّجَالِ

Oh Allah I seek protection in You from worries and sadness and I seek protection in You from weakness and laziness and I seek protection in You from miserliness and cowardliness and I seek protection in You from overpowering debts and being overpowered by people.

LESSON NUMBER 25

TRANSLATION OF SALAAT

"Show us" اِهْدِنَا

2) ONE SUNNAT

Yesterday these Sunnats of Ruku were discussed:

i) In Ruku the males should keep their backs level.

ii) The head and the lower back of the males should be in a straight line.

Today's lesson: Sunnats of Ruku:

سُبْحَانَ رَبِّيَ الْعَظِيْم

should be recited at least 3 times in Ruku.

3) ONE MAJOR SIN

Among the major sins concerning which severe punishment has been narrated one is: Shaving of the beard or shortening it to less than the length of one fist.

4) THE HARMS OF SINS

By committing sins, peace of mind is lost. One fears all the time that somebody should not see him and that he should not lose his respect. Thus life becomes depressing.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

Some Duas are such that they protect one from the evil of the creation. In the Hadith we have been promised protection by reciting Surah Ikhlaas, Surah Falaq and Surah Naas 3 times every morning and evening.

LESSON NUMBER 26

1) TRANSLATION OF SALAAT

"Road" اَلصِّرَاط

اِهْدِنَا الصِّرَاطَ would thus mean show us the Road.

2) ONE SUNNAT: Yesterday these Sunnats of Ruku were discussed:

i) The head and the lower back of the males should be in a straight line. ii) سُبْحَانَ رَبِّيَ الْعَظِيْم should be recited at least thrice.

Today's lesson: Sunnat no.3 While getting up from Ruku the Imam should say: سَمِعَ اللّٰهُ لِمَنْ حَمِدَهٗ

(Allah has heard him who has praised Him) the Muqtadi should thereafter say: رَبَّنَا لَكَ الْحَمْدُ

our Lord for you is all praise and the Munfarid (person who is performing his Salaat individually) should say both

3) ONE MAJOR SIN Among the major sins concerning which severe punishment has been narrated is: To adopt the dress of the non-believers and sinners.

4) THE HARMS OF SINS By committing a sin continually, that sin sits in the heart to such an extent that when a person is on his death bed, he is unable to recite the Kalima He does those actions which he used to do, e.g. a beggar passed away while begging and a sinner was urged to recite the Kalima, he said he was unable to do so and passed away in this condition. May Allah protect us.

5) THE BENEFITS OF OBEDIENCE ANDWORSHIP

By some forms of worship needs are fulfilled e.g. by performing Salaatul Haajat and making Dua Allah Ta'aala fulfills one's needs.

LESSON NUMBER 27

1) TRANSLATION OF SALAAT

"Straight" اَلْمُسْتَقِيْم

اِهْدِنَا الصِّرَاطَ الْمُسْتَقِيْم

would thus mean "Show us the sraight path".

2) ONE SUNNAT

Yesterday these Sunnats of Ruku were discussed:

i) سُبْحَانَ رَبِّيَ الْعَظِيْم should be recited at least 3 times in Ruku.

ii) The Imam should thereafter say: سَمِعَ اللهُ لِمَنْ حَمِدَه

the Muqtadi should thereafter say: رَبَّنَا لَكَ الْحَمْد

and the Munfarid (person performing his Namaaz individually) should say both

Today's lesson Sunnats no.3: The Takbeer of Sajdah should be said, i e while proceeding for Sajdah one should say: اللهُ اَكْبَر

3) ONE MAJOR SIN Among the major sins concerning which severe punishment has been narrated is: For men to imitate the dressing of women.

4) THE HARMS OF SINS

By sinning one loses hope in the mercy of Allah Ta'aala, thus one does not make Tauba and dies in this condition. A person was urged to recite the Kalima. He said "What benefit will there be in this Kalima, I have not performed any Salaat" Thereafter he died. May Allah save us.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP.

By the Barkat of Imaan and righteous deeds Allah Ta'aala becomes the helper and friend of such people.

LESSON NUMBER 28

1) TRANSLATION OF SALAAT

"The Road of those" صِرَاطَ الَّذِيْنَ

2) ONE SUNNAT

Yesterday these Sunnats were discussed:

i) While getting up from Ruku the Imam should say: سَمِعَ اللّٰهُ لِمَنْ حَمِدَهٗ , the Muqtadi should thereafter say: رَبَّنَا لَكَ الْحَمْدُ , and the Munfarid should say both.

ii) To recite the Takbeer of Sajdah while proceeding for Sajdah.

Today's lesson: Sunnat no. 3. The knees should first be placed upon the earth (whilst proceeding for Sajdah).

3) ONE MAJOR SIN

Among the major sins concerning which severe punishment has been narrated is: For women to imitate the dressing of men.

4) THE HARMS OF SINS

By committing a sin a black dot appears on the heart, which by making Tauba disappears otherwise the black dot keeps on increasing, by which the ability to accept the truth leaves one.

5) THE BENEFITS OF OBEDIENCE ANDWORSHIP

Those who bring Imaan and do good deeds, the angels are ordered to strengthen their hearts and keep them steadfast.

LESSON NUMBER 29

1) TRANSLATION OF SALAAT

"You have favoured" أَنْعَمْتَ

2) ONE SUNNAT

Yesterday these Sunnats of Sajdah were discussed:
i) One should recite the Takbeer of Sajdah while proceeding for Sajdah. ii) While proceeding for Sajdah the knees should first be placed upon the earth.

Today's lesson: Sunnat no. 3. Thereafter the palms should be placed.

3) ONE MAJOR SIN

Among the major sins concerning which severe punishment has been narrated is:
To commit fornication (adultery)

4) THE HARMS OF SINS

By committing sins, one becomes attracted to the world and dislikes the hereafter which causes one to become heavily involved in worldly things. Hence matters concerning the hereafter are disregarded.

5) THE BENEFITS OF OBEDIENCE ANDWORSHIP

People of perfect faith are granted genuine respect by Allah Ta'aala.

LESSON NUMBER 30

1) TRANSLATION OF SALAAT.

"On them" عَلَيْهِمْ

اَلَّذِيْنَ اَنْعَمْتَ عَلَيْهِمْ

thus means of those people on whom You have bestowed favours.

2) ONE SUNNAT

Yesterday these Sunnats of Sajdah were discussed:

i) (While proceeding for Sajdah) the knees should be first placed upon the earth. ii) Then the two hands should be placed

Today's lesson: the 3rd Sunnat of Sajdah. 3. Then the two hands should be placed.

3) ONE MAJOR SIN

Among the major sins concerning which severe punishment has been narrated is: To steal.

4) THE HARMS OF SINS

By sinning Allah Ta'aala's anger descends.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

By the blessings of Imaan and obedience Allah raises the status.

LESSON NUMBER 31

1) TRANSLATION OF SALAAT

غَيْرِ الْمَغْضُوْبِ عَلَيْهِمْ

"Not the road of those people on whom Your anger is"

2) ONE SUNNAT

Yesterday these Sunnats of Sajdah were discussed:

i) Hands should be placed on the ground.

ii) Then the nose should be placed.

Today's lesson: the third Sunnat of Sajdah. Thereafter the forehead should be placed.

3) ONE MAJOR SIN

Among the major sins concerning which severe punishment has been narrated is:

Kidnapping or highway robbery.

4) THE HARMS OF SINS

Through sinning conviction of the heart and firmness on Deen goes away.

5) THE BENEFITS OF OBEDIENCE ANDWORSHIP

By the Barkat of Imaan and obedience Allah places his love in the hearts of the creation and his acceptance is placed on earth.

LESSON NUMBER 32

1) TRANSLATION OF SALAAT

وَلَا الضَّآلِّيْنَ

"And not the road of those who have lost the Road (who have gone astray)"

2) ONE SUNNAT

Yesterday these Sunnats of Sajdah were discussed.

i) To place the nose in Sajdah.

ii) Then the forehead.

Today's lesson: Sunnats of Sajdah: To make Sajdah between the two hands i.e. place the head between the palms.

3) ONE MAJOR SIN

Among the major sins concerning which severe punishment has been narrated is:

To give false evidence.

4) THE HARMS OF SINS

By sinning it often happens that the benefit of obedience and Ibadat are lost.

5) THE BENEFITS OF OBEDIENCE ANDWORSHIP

The Qur'an is a source of guidance and cure for those believers who do righteous deeds.

LESSON NUMBER 33

1) TRANSLATION OF SALAAT.

"Say" قُلْ

2) ONE SUNNAT

Yesterday these Sunnats of Sajdah were discussed:

i) The forehead should be placed on the ground.

ii) Sajdah should be made between the two hands.

Today's lesson Sunnats of Sajdah: In Sajdah the males should keep their stomachs separate from their thighs.

3) ONE MAJOR SIN

Among the major sins concerning which severe punishment has been narrated is: To usurp the wealth of orphans.

4) THE HARMS OF SINS

By acts of shamelessness and immodesty, plagues and strange new diseases spread which were not among the people of before e.g. cancer, aids etc

5) THE BENEFITS OF OBEDIENCE ANDWORSHIP

By being thankful bounties increase.

LESSON NUMBER 34

TRANSLATION OF SALAAT

"He Allah" هُوَ اللّٰهُ

2) ONE SUNNAT

Yesterday these Sunnats of Sajdah were discussed.

i) To make Sajdah between the two hands.

ii) In Sajdah the males should keep their stomachs separate from their thighs.

Today's lesson: the third Sunnat of Sajdah. Males should keep their arms separate from their sides. ,

3) ONE MAJOR SIN

Among the major sins concerning which severe punishment has been narrated is: Disobedience to parents and causing difficulty to them.

4) THE HARMS OF SINS

By not giving Zakaat, rain decreases.

5) THE BENEFITS OF OBEDIENCE ANDWORSHIP

The Pulsiraat (Bridge of Jahannam) in the hereafter is the visible form of the Siraat-e- Mustaqeem (straight path) of this world. So that a person who remained steadfast on Siraat-e-Mustaqeem in this world i.e. he lived his life in conformance with the Shariat and the Sunnat of Nabi Sallallahu alaihi wa sallam, in the hereafter he will pass over the Pulsiraat correctly and safely. If you desire to cross the Pulsiraat at the speed of lightning, then adhere strictly to the Shariat.

LESSON NUMBER 35

1) TRANSLATION OF SALAAT

"One" أَحَدٌ

قُلْ هُوَ اللّٰهُ اَحَدٌ

thus means Say He, Allah, is one.

2) ONE SUNNAT

Yesterday these Sunnats of Sajdah were discussed.
i) In Sajdah the males should keep their stomachs separate from their thighs. ii) While in Sajdah the males should keep their arms separate from their sides.

Today's lesson: Sunnats of Sajdah: Keep the elbows away from the ground.

3) ONE MAJOR SIN Among the major sins concerning which severe punishment has been narrated is: To take the life of an innocent person.

4) THE HARMS OF SINS

When unjust judgements are made and promises broken then enemies are given authority over us.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

On some forms of obedience e.g. on Sabr (patience, perseverance) Jannat has been promised. In a Hadith-e-Qudsi Nabi Sallallahu alaihi wa sallam says that Allah says: "When I take the life of a beloved Mumin, and with the belief of Thawaab he makes Sabr then for him I have no reward besides Jannat". (Bukhari).

LESSON NUMBER 36

1) TRANSLATION OF SALAAT

"Allah is independent". اَللّٰهُ الصَّمَدُ

2) ONE SUNNAT

Yesterday these Sunnats of Sajdah were discussed:

i) The males should keep their arms separate from their sides. ii) The males must keep their elbows away from the ground.

Today's lesson: third Sunnat: سُبْحَانَ رَبِّيَ الْأَعْلٰى

should be read at least 3 times

3) ONE MAJOR SIN

Among the major sins concerning which severe punishment has been narrated is: To take a false oath.

4) THE HARMS OF SINS

By weighing and measuring less drought, poverty and oppression from rulers takes place.

5) THE BENEFITS OF OBEDIENCE ANDWORSHIP

Every action has a visible form in the hereafter. It has come to be known from a Hadith in Tirmizi Sharief that the trees of Jannat are: سُبْحَانَ اللّٰهِ وَالْحَمْدُ لِلّٰهِ وَلَا إِلٰهَ إِلَّا اللّٰهُ وَاللّٰهُ أَكْبَرُ

(Pure are You O Allah and All praise is for Allah alone. There is none worth of worship besides Allah and Allah is the greatest). Thus that person who desires to have a great number of trees in his portion should excessively recite the above.

LESSON NUMBER 37

1) TRANSLATION OF SALAAT

"He has no children". لَمْ يَلِدْ

2) ONE SUNNAT Yesterday these Sunnats of Sajdah were discussed: i) While in Sajdah the males must keep their elbows away from the earth.

ii) In Sajdah سُبْحَانَ رَبِّيَ الأعلىٰ should be recited at least 3 times.

Today's lesson: Sunnat no. 3. To recite the Takbeer of Sajdah when getting up.

3) ONE MAJOR SIN

Among the major sins concerning which severe punishment has been narrated is: To take a bribe.

4) THE HARMS OF SINS: By being disloyal, the heart will be filled with the fear of the enemies.

5) THE BENEFITS OF OBEDIENCE ANDWORSHIP

The visible form of Surah Ikhlass in the hereafter is a palace. Nabi Sallallahu alaihi wa sallam has said that the person who recites Surah Ikhlaas 10 times has a palace prepared for him in the hereafter. He who recites it 20 times, for him 2 palaces are prepared (to the end of the Hadith) (Daarami). Thus every individual who desires that he should have a great number of palaces in the hereafter should excessively recite Surah Ikhlaas.

LESSON NUMBER 38

1) TRANSLATION OF SALAAT.

"And nor is He anyone's child". وَلَمْ يُوْلَدْ

2) ONE SUNNAT

Yesterday these Sunnats of Sajdah were discussed.

i) To recite : سُبْحَانَ رَبِّيَ الأَعْلَى at least 3 times in Sajdah.

ii) To say the Takbeer of Sajdah when getting up.

Today's lesson: Sunnat no. 3. When getting up from Sajdah first the forehead, then the nose, then the hands and then the knees should be raised and to sit with ease between the 2 Sajdahs.

3) ONE MAJOR SIN: Among the major sins concerning which severe punishment has been narrated is: To give bribes. When the situation is such that without giving a bribe one cannot be saved from the oppression of the oppressor, one will not get the sin of giving a bribe. However to take a bribe is Haraam in all circumstances.

4) THE HARMS OF SINS

Love of the world and fear for death creates cowardliness and awe is removed from the hearts of the enemies.

5) THE BENEFITS OF OBEDIENCE ANDWORSHIP

In the hereafter the visible representation of a continuous deed (Sadqa-e-Jaaria) is like a fountain. So whoever desires to receive a fountain in Jannat, should give a lot of Sadqa, charity and lillah.

LESSON NUMBER 39

1) TRANSLATION OF SALAAT.

"And there is not for him" وَلَمْ يَكُنْ لَّهُ

2) ONE SUNNAT

Yesterday these Sunnats of Sajdah were discussed:

i) The Takbeer of getting up from Sajdah should be recited. ii) When getting up from Sajdah, first the forehead, then the nose, then the hands and then the knees should be raised and one should sit with ease between the 2 Sajdahs.

Today's lesson: Sunnat no. 3. In Qadah (Sitting posture between the two Sajdahs) the males should keep their right foot up and let the left foot lie flat and sit on it. The toe should face the Qibla

3) ONE MAJOR SIN

Among the major sins concerning which severe punishment has been narrated is: To drink alcohol.

4) THE HARMS OF SINS: Nabi Sallallahu alaihi wa sallam said: When Allah Ta'aala decides to punish his servants then children begin to die in greater numbers and women become barren. (Hayaatul Muslimeen)

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

In the hereafter the visible representation of Deen (Religion) will be clothing. Thus the person who desires that he should receive beautiful clothing in Jannah, should stick firmly to Deen and Taqwa.

LESSON NUMBER 40

1) TRANSLATION OF SALAAT.

"Somebody equal" كُفُوًا أَحَدٌ

وَلَمْ يَكُنْ لَهُ كُفُوًا أَحَدٌ

"And there is none equal to Him"

2) ONE SUNNAT: Yesterday these Sunnats were discussed: i) When getting up from Sajdah first the forehead, then the nose, then the hands and then the knees should be raised. ii) In Qadah the males should keep their right foot up and let the left foot lie flat and sit on it. The toe should face towards the Qibla.

Today's lesson: Sunnat no. 3. Both hands should be placed upon the thighs.

3. ONE MAJOR SIN

Among the major sins concerning which severe punishment has been narrated is: To give alcohol to drink.

4) THE HARMS OF SINS

By sinning Allah Ta'aala places anger in the hearts of rulers, they then punish their subjects severely.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

The visible representation of Surah Baqarah and Surah Ale Imraan in the hereafter will be dark clouds which will give shade, or rows upon rows of birds. Thus, he who desires that on the Day of Qiyamat he should have shade should keep on reciting these Surahs.

LESSON NUMBER 41

1) TRANSLATION OF SALAAT

"I express purity". سُبْحَانَ

2) ONE SUNNAT

Yesterday these Sunnats of Qadah were discussed:

i) The males should keep their right foot up and let the left foot lie flat and sit on it. The toe should face the Qibla.

ii) Both hands should be placed upon the thighs.

Today's lesson: the Sunnats of Qadah. In Tashahud the forefinger should be raised while reciting :

أَشْهَدُ اَنْ لَا اِلٰهَ

and should be lowered while reciting اِلَّا اللّٰهُ

3) ONE MAJOR SIN

Among the major sins concerning which severe punishment has been narrated is: To produce alcohol (i.e. squeezing the grapes etc.)

4) THE HARMS OF SINS

Because of sinning even one's praisers start speaking evil of one because by the evil of dis-obedience to Allah, one's love and greatness goes out of the hearts of people.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

The visible representation of Islamic knowledge in the hereafter is milk. So the person who desires to receive a spring of milk in Jannat or drink fully from the Hauz-e-Kauthar, should acquire abundant of religious knowledge.

LESSON NUMBER 42

1) TRANSLATION OF SALAAT

My Sustainer Who is The Honourable. رَبِّيَ الْعَظِيْم

سُبْحَانَ رَبِّيَ الْعَظِيْم thus means "I express purity to my Sustainer Who is the Honourable".

2) ONE SUNNAT

Yesterday these Sunnats of Qadah were discussed:

i) Both hands should be placed upon the thighs.

ii) In Tashahud to raise the forefinger when reciting أَشْهَدُ اَنْ لَا اِلٰهَ and to lower it when reciting اِلَّا اللّٰه

Today's lesson: Sunnat no. 3. To recite Durood Sharief in the last Qadah.

3) ONE MAJOR SIN Among the major sins concerning which severe punishment has been narrated is: To become the means of others getting involved in the production of liquor. To have liquor produced.

4) THE HARMS OF SINS

It is a Hadith of Bukhari Sharief that a person who unjustly takes the land of another even if it be a very small portion i.e. he takes illegal possession of it, then on the Day of Judgement he will be sunk into the 7 earths.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

The visible representation of Salaat is Nur (light). So that a person who desires to have light on the Pulsiraath should take particular care of Salaat.

LESSON NUMBER 43

1) TRANSLATION OF SALAAT.

Allah has heard. سَمِعَ اللّٰهُ

2) ONE SUNNAT: Yesterday these Sunnats of of Qadah were discussed:

i) In Tashahud when reciting اَشْهَدُ اَنْ لَا اِلٰهَ the forefinger should be raised and when reciting اِلَّا اللّٰهُ it should be lowered

ii) In the last Qadah Durood Sharief should be recited.

Today's lesson Sunnat no 3 After the recitation of Durood Sharief a Dua of the Qur'an or Hadith should be read.

3) ONE MAJOR SIN Among the major sins concerning which severe punishment has been narrated is: The selling of liquor

4) THE HARMS OF SINS: The greatest harm of sins is that Allah becomes displeased. If there had to be no other punishment on sins then just thinking of this would be sufficient to stop us from sins Nobody likes to displease his Benefactor, then to displease this True Benefactor and Kind Lord. Who has showered us with unlimited favours, is against the morals of a human Besides this, there are warnings of severe punishment ; on sins in this world and hereafter

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

The greatest benefit of worship and obedience is that Allah Ta'aala becomes pleased. In a Hadith Qudsi Allah Ta'aala says that when I am obeyed then I become pleased and when I become pleased then I grant Barkat (prosperity) and there is no limit to My Barkat (Hayaatul Muslimeen)

LESSON NUMBER 44

1) TRANSLATION OF SALAAT

For the one who لِمَنْ

2) ONE SUNNAT

Yesterday these Sunnats were discussed:

i) To recite Durood Sharief in the last Qadah.

ii) After recitation of Durood Sharief to recite a Dua that appears in the Qur'an or Hadith.

Today's lesson: Sunnat no. 3. To make Salaam on both sides.

3) ONE MAJOR SIN

Among the major sins concerning which severe punishment has been narrated is:

To purchase liquor.

4. THE HARMS OF SINS

One harm of sins is that one is deprived of knowledge of Deen.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

By worship and righteous deeds, one benefits in Dunya also. Increase takes place in

Rizq. i.e. sometimes visible increase also takes place and Barkat is always found. In

little sustenance there is benefit and life is spent in peace.

LESSON NUMBER 45

1) TRANSLATION OF SALAAT.

Who has praised Him. حَمِدَهُ

سَمِعَ اللّٰهُ لِمَنْ حَمِدَهُ thus means "Allah has heard the one who has praised Him."

2) ONE SUNNAT

Yesterday these Sunnats of Qadah were discussed:

i) After Durood Sharief to recite a Dua that appears in the Qur'an or Hadith. ii) To make Salaam on both sides.

Today's lesson Sunnat no. 3. When making Salaam begin with the right side.

3) ONE MAJOR SIN : Among the major sins concerning which severe punishment has been narrated is: To use the money from the sale of liquor.

4) THE HARMS OF SINS One harm of the world by committing sins is that Rizq decreases i.e. the Barkat is no longer found in one's provisions. This implies that even though one's provisions may appear to be a great deal, very little benefit will be derived from it. Much of it will be lost in medical bills and strange occurrences. Basically once the Barkat is lost one will experience great difficulty concerning one's Rizq (sustenance).

5) THE BENEFITS OF OBEDIENCE AND WORSHIP.

As a result of piety and virtuous deeds many types of Barkaat and blessings descend on the earth from all directions.

LESSON NUMBER 46

1) TRANSLATION OF SALAAT

Our Sustainer. رَبَّنَا

2) ONE SUNNAT

Yesterday these Sunnats of Qadah were discussed:

i) To make Salaam on both sides.

ii) When making Salaam to begin with the right side.

Today's lesson: Sunnat number 3. The Imam should make the intention of Salaam to the Muqtadis, angels and pious Jinns.

3) ONE MAJOR SIN

Among the major sins concerning which severe punishment has been narrated is:

To transport liquor i.e. to bring liquor for somebody.

4) THE HARMS OF SINS

The sinner experiences a sort of solitude and spiritual separation from Allah Subhaana wa Ta'aala.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

Virtuous actions cause all sorts of difficulties and worries to be alleviated and one experiences a peaceful and heavenly existence.

LESSON NUMBER 47

1. TRANSLATION OF SALAAT.

For You alone is all praise لَكَ الْحَمْدُ

رَبَّنَا لَكَ الْحَمْدُ means O our Lord for You alone is all praise.

2) ONE SUNNAT Yesterday these Sunnats of Qadah were discussed: i) When making Salaam, begin with the right side. ii) The Imam should make the intention of Salaam to the Muqtadis, the angels and the pious Jinns.

Today's lesson: Sunnat number 3. The Muqtadis should make the intention of Salaam for the Imam, angels and pious Jinns and they should also make the intention for the Muqtadis on their right and left side respectively.

3) ONE MAJOR SIN

Among the major sins concerning which severe punishment has been narrated is: To buy liquor.

4) THE HARMS OF SINS

As a result of excessive sinning one finds it extremely difficult to associate with others especially pious people. Thus he experiences very great harm in that he becomes deprived of the company of the selected and pious people and is deprived of their Barkah and Duas.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

Allah makes it such that the needs and aspirations of virtuous persons are fulfilled easily.

LESSON NUMBER 48

1) TRANSLATION OF SALAAT

"Pure is my Rab, the Most High". سُبْحَانَ رَبِّيَ الْاَعْلٰى

2) ONE SUNNAT

Yesterday these Sunnats of Qadah were discussed.

i) When making Salaam the Imam should make the intention of Salaam to the Muqtadi's the angels and the pious Jinns.

ii) The Muqtadis should make the intention of Salaam to the Imam, angels and pious Jinns and also for the Muqtadis on their right and left.

Today's lesson: Sunnat no. 3. The Munfarid should only make the intention of Salaam for the angels.

3) ONE MAJOR SIN

Among the major sins concerning which severe punishment has been narrated is: To flee from a Shar'ie battle.

4) THE HARMS OF SINS

One will find a great deal of difficulty in fulfilling one's tasks.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

Life in this world is made easy and pleasurable. A pious man lives a life of such contentment that he becomes the envy of even the kings of this world.

LESSON NUMBER 49

1) TRANSLATION OF SALAAT

"All verbal worship". اَلتَّحِيَّاتُ

2) ONE SUNNAT

Yesterday these Sunnats of Qadah were discussed:

i) When making Salaam the Muqtadis should make the intention in Salaam of the Imam. the angels and the pious Jinns and they should also make the intention of the Muqtadis on their right and left side.

ii) The Munfarid should only make the intention of the angels.

Today's lesson: Sunnat no.3. The Muqtadi should make his Salaam at the same time as that of the Imam.

3) ONE MAJOR SIN Among the major sins concerning which severe punishment has been narrated is:To become involved in transactions concerning bribery e.g. to be an agent in a contract involving bribery.

4) THE HARMS OF SINS

Excessive sinning causes darkness to overpower one's heart as a result of which one is involved in innovations and acts that eventually lead to one's destruction.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

When virtuous acts become prominent then the world experiences a great deal of benefits. Rainfalls become plentiful; wealth and children increase; the gardens bear splendid fruit. and the water of the rivers increase.

LESSON NUMBER 50

1) TRANSLATION OF SALAAT

"For Allah". لِلّٰهِ

2) ONE SUNNAT

Yesterday these Sunnats of Qadah were discussed:

i) The Munfarid when making Salaam should only make ,the intention of the angels.

ii) The Muqtadi should make his Salaam at the same time as that of the Imam.

Today's lesson: Sunnat no. 3. The Imam should say the second Salaam in a softer tone than the first Salaam.

3) ONE MAJOR SIN

Among the major sins concerning which severe punishment has been narrated is: To gamble.

4) THE HARMS OF SINS

One of the afflictions due to sins is that weakness is experienced by the sinner and his heart also becomes weak. The weakness of the heart is that the ability to do virtuous deeds gradually decreases until it diminishes completely. Due to the weakness of the heart the boydy is also weakened.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

Allah Ta'aala saves His pious servants from all sorts of evils.

LESSON NUMBER 51

1. TRANSLATION OF SALAAT

"All physical forms of worship". وَالصَّلَوَاتُ

2) ONE SUNNAT

Yesterday these Sunnats were discussed.

i) The Muqtadi should make his Salaam with the Imam.

ii) The Imam should say the second Salaam softer than the Ist. Salaam.

Today's lesson: Sunnat no 3. The Masbooq (a person who had joined Jamaat late) should wait for the Imam to finish his 2nd Salaam (before getting up to perform the missed Rakaats).

3) ONE MAJOR SIN

Among the major sins concerning which severe punishment has been narrated is: To oppress.

4) THE HARMS OF SINS

Excessive sinning causes one to be deprived of divine guidance and help in the carrying out of good deeds to such an extent that due to the evil effects of this a person gradually ceases to perform any virtuous acts.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

As a result of virtuous acts and piety a person will be granted recompense for any losses in his wealth and he will receive even greater bounties in return.

LESSON NUMBER 52

1) TRANSLATION OF SALAAT

"All forms of monetary worship". والطَّيِّبَاتُ

means all verbal forms of worship, all physical forms of worship and all monetary forms of worship are only for Allah Ta'aala.

2) ONE SUNNAT

Yesterday these Sunnats of Qadah were discussed.

i) The Imam should say the 2nd Salaam softer than the Ist Salaam.

ii) The Masbooq (a person who joined the Jamaat late) should wait for the Imam to finish his 2nd Salaam (before getting up to perform the missed Rakaats).

Today's lesson Sunnat no. 3. In Ruku the fingers of the male should be spread apart, while in Sajdah they should be close together.

3) ONE MAJOR SIN Among the major sins concerning which severe punishment has been narrated is: To take the wealth or property of someone without his happiness or permission.

4) THE HARMS OF SINS

Excessive sinning causes one's life to decline. There no longer remains any Barkat in one's existence.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

One of the benefits of virtuous acts is that by spending in good causes one's wealth is increased

LESSON NUMBER 53

1) TRANSLATION OF SALAAT

"Peace be upon you". اَلسَّلَامُ عَلَيْكَ

2) ONE SUNNAT

Yesterday these Sunnats were discussed

i) The Masbooq should wait for the Imam to finish his 2nd Salaam (before getting up to perform the missed Rakaats)

ii) In Ruku the fingers of the male should be spread apart, while in Sajdah they should be close together

Today's lesson: Sunnat no 3 **The difference found in Salaat of women**. When saying Takbeer-e-Tahrima the women will raise both hands to the shoulders Unlike men, they (women) will not raise them to the ears.

3) ONE MAJOR SIN Among the major sins concerning which severe punishment has been narrated is: To take interest

4) THE HARMS OF SINS

One of the harms of committing sins is that they become the means and cause of committing other sins. Eventually a person develops the habit of committing sins. Once he reaches this stage. to refrain from sins and to reform himself becomes difficult. He will find that even though there may be no attraction towards committing a sin he will still commit it merely out of habit. May Allah save us.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

The value of the ecstasy, joy, peace and contentment granted to the virtuous person far supersedes any of the treasures of the world

LESSON NUMBER 54

1. TRANSLATION OF SALAAT

"O Nabi Sallallahu alaihi wa sallam". أَيُّهَا النَّبِيُّ

means peace be upon you O Nabi Sallallahu alaihi wa Sallam.

2. ONE SUNNAT

Yesterday these Sunnats were discussed:

i) In Ruku the fingers of the males should be spread apart, while in Sajdah they should be close together.

ii) Differences found in Namaaz of the women, they raise both hands to the shoulders, unlike the men who raise their hands up to the ears.

Today's lesson: Sunnat no. 3. They (women) will not take their hands out of their Burqa (headgear).

3) ONE MAJOR SIN

Among the major sins concerning which severe punishment has been narrated is: To give interest.

4. THE HARMS OF SINS As one commits sins the intention to repent for these sins weakens until a person is completely deprived of the Taufeeq (guidance) to repent for his misdemeanours and unfortunately leaves this world in the state of disobedience.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

Even the children of the pious person receive the blessings of his virtuous deeds and even they are saved from calamities and difficulties.

LESSON NUMBER 55

1) TRANSLATION OF SALAAT.

"And the mercy of Allah: وَرَحْمَةُ اللّٰهِ

2) ONE SUNNAT

Yesterday these differences in the Salaat of the female were discussed i) When saying Takbeer-e-Tahrima women will raise both hands up to the shoulders. ii) They will not take out their hands from their Burqa.

Today's lesson: Women should fold their hands on their chests.

3) ONE MAJOR SIN

Among the major sins concerning which severe punishment has been narrated is: To write the transaction of interest.

4) THE HARMS OF SINS By perpetual involvement in sins one reaches such a stage where one no longer considers these evil acts to be sins and would thus openly perpetrate actions contrary to the Shariah. The evil of sins will gradually decrease in his heart. He is distanced from the mercy of Allah Ta'aala. When he will no longer consider sins to be evil then he has in fact placed his Imaan in danger. In fact it will lead to him committing Kufr. (Nauzubillah)

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

By obedience and Ibadat, one is blessed with unseen glad tidings in this life. Good dreams are seen, e.g. he may see himself entering Jannat. By these his heart becomes pleased and love for Allah Ta'aala increases, through which he receives Taufeeq to perform more virtuous acts.

LESSON NUMBER 56

1. TRANSLATION OF SALAAT

"And His blessings". وَبَرَكَاتُهٗ

اَلسَّلَامُ عَلَيْكَ اَيُّهَا النَّبِيُّ وَرَحْمَةُ اللّٰهِ وَبَرَكَاتُهٗ

means peace be upon you O Nabi Sallallahu alaihi wa sallam and the mercy of Allah and His blessings.

2) ONE SUNNAT Yesterday these differences in the female's Salaat were discussed. i) The women must not take their hands out from their Burqa. ii) Women should fold their hands on their chests.

Today's lesson: The women will place the palms of their right hands over the back of the palms of the left hands. They will not hold the wrists with their small fingers and thumbs like men.

3) ONE MAJOR SIN Among the major sins concerning which severe punishment has been narrated is:

To become a witness to a transaction involving interest.

4) THE HARMS OF SINS Every sin invariably has its roots with some nation of the enemies of Allah i.e it was first committed by them and thus its commission continued. Thus, by committing a sin it is as if you are receiving the inheritance (hallmark) of that particular accused nation. In the Hadith it is mentioned that he who will imitate a nation is from amongst them (he will be reckoned amongst them). It would, therefore, be wise to repent immediately.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

As a pious person is about to leave this world, the angels give him glad tidings of Jannat (paradise) and of the bounties and pleasures that are to be found there. They also inform him that Allah Ta'aala is pleased with him.

LESSON NUMBER 57

1. TRANSLATION OF SALAAT

"Peace be upon us". اَلسَّلَامُ عَلَيْنَا

2. ONE SUNNAT: Yesterday these differences in the methods of Salaat of females' were discussed: i) Women should fold their hands on their chests. ii) The women will place the palm of the right hand over the back of the palm of the left hand. **Today's lesson** Sunnat number 3 The females' should bend a little in Ruku.

3) ONE MAJOR SIN : Among the major sins concerning which severe punishment has been narrated is: To lie.

4) THE HARMS OF SINS : A sinner loses status and becomes worthless in the sight of Allah Ta'aala. Thus the creation also have no respect for him. It may appear that people are honouring him, however this will only be because of their greed i.e. they want something from him, or out of fear for him. No one will have true respect for him Allah Ta'aala says "He who Allah disgraces, there shall be none to honour him".

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

The effects of some forms of worship are that when one is uncertain whether he should undertake a particular venture or not or he is uncertain about some affair of his then by carrying out this form of worship all his doubts and apprehensions will be removed and he will be guided towards that in which there is complete benefit for him. This can be achieved by performing Salaatul Istikhaara and thereafter making Dua (supplication).

LESSON NUMBER 58

1) TRANSLATION OF SALAAT

"And on the servants of Allah". وَعَلٰى عِبَادِ اللّٰهِ

2) ONE SUNNAT Yesterday these differences in females' Salaat were discussed: i) The women must place the palm of the right hand over the back of the palm of the left hand. They will not hold the wrist with the small finger and thumb like men ii) They must not bend completely in Ruku.

Today's lesson 3. They must keep the fingers of the hands together and place them on their knees when in Ruku, unlike the males who spread their fingers and grasp their knees.

3) ONE MAJOR SIN Among the major sins concerning which severe punishment has been narrated is. To be disloyal (make Khiyanat) in trust (Breach of trust).

4) THE HARMS OF SINS The misfortune of sins and the afflictions that result because of it do not only affect the sinner but affect other beings as well, even animals. Thus all these forms of creation curse the one who has been the result for their afflictions i.e. they curse the sinner

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

Some forms of worship have this benefit that they result in Allah Ta'aala taking upon Himself the responsibility of fulfilling the need of the virtuous person e.g. in a Hadith Qudsi (these narrations in which Nabi Sallallahu alaihi wa sallam relates the direct words of Allah Ta'aala) it is mentioned that Allah says O son of Adam, perform 4 Rakaats of Namaaz for Me in the beginning of the day, I will fulfill all your needs till the end of the day in return for this" (Tirmizi Shareef)

LESSON NUMBER 59

1. TRANSLATION OF SALAAT

"Pious servants". اَلصّٰلِحِيْنَ

اَلسَّلَامُ عَلَيْنَا وَعَلٰى عِبَادِ اللّٰهِ الصّٰلِحِيْنَ

means peace be upon us and upon the pious servants of Allah Ta'aala.

2) ONE SUNNAT : Yeterday these differences were discussed in the method of Salaat for females. i) The females should bend a little in Ruku. ii) The fingers of the hands should be kept together and be placed on the knees in Ruku, unlike the men who spread their fingers and hold thier knees.

Today's lesson 3. Both the arms should be kept close to the sides.

3) ONE MAJOR SIN Among the major sins concerning which severe punishment has been narrated is. To break a promise.

4) THE HARMS OF SINS Sins cause the weakening of one's intelligence In reality the mere commission of sins is proof of one's foolishness, since it stands to reason that if one's intellect were sound it would not allow one to disobey a Being as Powerful as Allah who controls both the worlds. Furthermore one would deprive oneself of the benefits of both the worlds in return for the temproary excitement of a sin.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

Some virtuous acts have the effect that they cause Barkat in possession. In a Hadith it is mentioned that if the buyer and seller seek the truth and disclose the condition of the goods, then there will be Barkat for both of them in their transaction (Bukhari and Muslim).

LESSON NUMBER 60

TRANSLATION OF SALAAT

"I bear witness". أشهد

2) ONE SUNNAT Yesterday these differences in the method of females' Salaat were discussed:

i) Women should keep the fingers of the hands together and place them on their knees when in Ruku, unlike males who spread their fingers and grasp the knees.

ii) Both the arms should be kept close to the sides.

Today's lesson 3. The ankles of both feet should meet each other

3) ONE MAJOR SIN Among the major sins concerning which severe punishment has been narrated is: To deprive daughter of their share of inheritance.

4) THE HARMS OF SINS One major form of sins is that one comes under the curses of Nabi Sallallahu alaihi wa sallam, since Nabi Sallallahu alaihi wa sallam sent curses upon many sins Examples of these are Nabi Sallallahu alaihi wa sallam cursed the following groups of people The taker of interest, the giver of interest and the witnesses to and the writer of the transactions of interest. He also cursed the thief, makers of pictures, those who commit the sin of the people of Lut Alaihis salaam (i.e. homosexuality), those who vilify the Sahaba Radhiallahu anhu etc. If there should be no other harm of sins this harm i.e. that the curses of Nabi Sallallahu alaihi wa sallam will be on us, ought to be sufficient to cause us to stop.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

Leadership and prosperity remain intact.

LESSON NUMBER 61

1. TRANSLATION OF SALAAT

"That there is none worthy of worship" أَنْ لَّا إِلٰهَ

2) ONE SUNNAT

Yesterday these differences of female Salaat were discussed:

i) Women shall keep both the arms close to the sides when in Ruku.

ii) The ankles of both feet should meet each other.

Today's lesson. 3. In Sajdah women should not keep their feet up but should take them out on the right hand side.

3) ONE MAJOR SIN Among the major sins concerning which severe punishment has been narrated is: Not to perform any of those actions which Allah has made Fardh (compulsory) like Salaat, Fasting, Haj, Zakat etc.

4) THE HARMS OF SINS A person is deprived of the Dua (supplication) of the angels on his behalf. The proof of this lies in the fact that Allah Ta'aala says in the Qur'an that the angels make Dua-e- Maghfirat (Dua of forgiveness) for those believers who are on the straight path. It stands to reason that those who commit sins have to a certain extent deviated from that path and are hence deprived.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

By spending charity etc. the anger of Allah is appeased and one is saved from an undesirable death. Nabi Sallallahu alaihi wa sallam has said that Sadqa (charity) cools the anger of Allah Ta'aala and saves one from difficult death.

LESSON NUMBER 62

1) TRANSLATION OF SALAAT

"Besides Allah". الا الله

اشهد ان لا اله الا الله

means "I bear witness that there is none worthy of worship besides Allah"

2) ONE SUNNAT Yesterday these differences of females' Salaat were discussed: i) The ankles of both feet should meet each other. ii) In Sajdah women should not keep their feet up but take them out on the right side.

Today's lesson no. 3. When making Sajdah women should contract themselves and keep their bodies as low as possible in such a way that the stomach touches the thighs; and the arms and the sides are together

3) ONE MAJOR SIN Among the major sins concerning which severe punishment has been narrated is: To call a Muslim a Kaafir (non believer) or an enemy of Allah

4) THE HARMS OF SINS Various forms of natural harms and disasters occur on the earth Wind, water, soil, seeds are no longer conducive towards producing good crops. It can thus be deduced that the lack of food and provisions; and droughts experienced nowadays are the result of our sins.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

Dua causes calamities to be deviated and virtuous deeds cause one's life to increase. Nabi Sallallahu alaihi wa sallam said: Predestined afflictions cannot be obviated except through Dua and nothing extends one's life except virtuous acts.

LESSON NUMBER 63

1. TRANSLATION OF SALAAT

وَاَشْهَدُ اَنَّ مُحَمَّدًا

"And I bear witness that Mohammad Sallallahu alaihi wa sallam".

2) ONE SUNNAT

Yesterday these differences in females' Salaat were discussed: i) In Sajdah women should not keep their feet up but should take them out on the right side. ii) When making Sajdah women should contract themselves and keep their bodies as low as possible (i.e so that the stomach touches the thighs and the arms and the sides are together).

Today's lesson 3. Women should place the elbows on the earth while making Sajdah

3) ONE MAJOR SIN Among the major sins concerning which severe punishment has been narrated is: After agreeing on a price to forcibly pay less.

4) THE HARMS OF SINS Excessive sinning results in the loss of shame and modesty. Once a person loses these then there is no barrier towards his sinning.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

The recitation of Surah Yaasin results in the fulfilling and completion of all one's works or aspirations. Nabi Sallallahu alaihi wa sallam said : "The daily needs of the person who recites Surah Yaasin in the morning will be fulfilled".

LESSON NUMBER 64

1) TRANSLATION OF SALAAT

"His servant" عَبْدُهٗ

2) ONE SUNNAT: Yesterday these differences of females' Salaat were discussed: i) Women should make Sajdah contracting themselves and keeping their body as low as possible so that the stomach touches the thighs and the arms and sides are together. ii) Women should place the elbows on the earth whilst making Sajdah.

Today's lesson: In Qadah she should sit on the left side.

3) ONE MAJOR SIN

Among the major sins concerning which severe punishment has been narrated is: To sit alone with a Na Mahram (a person with whom marriage is permissible).

4) THE HARMS OF SINS

By excessive perpetration of sins the greatness of Allah comes out of the heart of the person. Once the greatness and majesty of Allah no longer remains in the heart of a person then this person becomes low in the sight of Allah Ta'aala. As a result of this he is also regarded by the people as being inferior and he is discarded by them.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

The recitation of Surah Waaqiah protects one from poverty. Nabi Sallallahu alaihi wa sallam said: The person who recites Surah Waaqiah every night will never be affected by poverty.

LESSON NUMBER 65

1) TRANSLATION OF SALAAT

"And is His Rasool". وَرَسُوْلُهٗ

اَشْهَدُ اَنَّ مُحَمَّدًا عَبْدُهٗ وَرَسُوْلُهٗ

means "And I bear witness that Muhammad Sallallahu alaihi wa sallam is His servant and Rasool"

2) ONE SUNNAT Yesterday these differences in the method of Salaat of females were discussed i) Women should place the elbows on the earth whilst making Sajdah. ii) In Qadah women should sit on the left side.

Today's lesson 3. In Qadah women should take out their feet on the right side

3) ONE MAJOR SIN Among the major sins concerning which severe punishment has been narrated is :

To look at dancing.

4) THE HARMS OF SINS The ill fortune of sins are such that the favours of Allah Ta'aala are no longer upon a person. He falls into the depths of difficulties and torments. Sometimes we observe that people who sin excessively appear to be in a great deal of ease and comfort This is merely the grace that Allah Ta'aala is granting them. Such persons are in even greater danger. When Allah Ta'aala shall reckon with them in this world or in the hereafter, they shall be given a great deal more punishment. That is, they shall be called to account for the greater favours that were granted to them.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

One of the blessings of Imaan is that one would become satisfied and contented with very little food.

LESSON NUMBER 66

1) TRANSLATION OF SALAAT

"O Allah, shower Rahmat". اَللّٰهُمَّ صَلِّ

2. ONE SUNNAT

Yesterday these differences in females' Salaat were discussed:

i) In Qadah women should sit on the left.

ii) In Qadah women should take out their feet on the right side.

Today's lesson: In Qadah, the fingers of both hands should be kept properly closed together.

3. ONE MAJOR SIN

Among the major sins concerning which severe punishment has been narrated is: To listen to music.

4) THE HARMS OF SINS

Instead of a sinner being referred to respectfully he will generally be referred to in derogatory terms e.g. when a person does a pious deed such as the performing of Tahajjud Namaaz etc. he will be referred to a person who is regular in his Tahajjud but should he thereafter leave Tahajjud Namaaz and begin involving himself in sins then the same person will then be referred to as a Faasiq (sinner), Faajir, Zaani (adulterer), Zaalim (oppressor) etc.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

The blessings of some Dua are such that a person will not be afflicted with sicknesses and difficulties e.g. it is

mentioned in a Hadith that the person who when he sees a sick person or a person in difficulty recites;

اَلْحَمْدُ لِلّٰهِ الَّذِيْ عَافَانِيْ مِمَّا ابْتَلَاكَ بِهٖ وَفَضَّلَنِيْ عَلٰى كَثِيْرٍ مِّمَّنْ خَلَقَ تَفْضِيْلًا

All praise is due to Allah who has granted me ease and has protected me from that in which He has involved this person and He has granted me virtue over most of those whom He has created.

The reciter will never be afflicted by the difficulty in which the person who he sees is involved.

NB. This Dua should be read softly so as not to hurt the feeling of the person who is sick.

LESSON NUMBER 67

1) TRANSLATION OF SALAAT

"On Mohammad". عَلٰى مُحَمَّدٍ

اَللّٰهُمَّ صَلِّ عَلٰى مُحَمَّدٍ O Allah shower mercy on Mohammad Sallallahu alaihi wa sallama

2) ONE SUNNAT Yesterday these differences in females' Salaat were discussed i) In Qadah women should take out their feet on the right. ii) In Qadah the fingers of both hands should be kept close together.

Today's lesson: The Sunnats of awakening immediately a on awakening, one should rub ones face and eyes with the hands in order to remove the drowsiness of sleep. (Shamaile Tirmizi)

3) ONE MAJOR SIN

Among the major sins concerning which severe punishment has been narrated is: To like the customs of non-Muslims.

4) THE HARMS OF SINS Shaytaan easily influences an excessive sinner and causes him to become drowned in sins.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

Due to the blessings of some **Duas** such worries are removed and debts are settled In the Hadith the following is mentioned:

اَللّٰهُمَّ اِنِّي اَعُوْذُ بِكَ مِنَ الْهَمِّ وَالْحُزْنِ وَاَعُوْذُبِكَ مِنَ الْعَجْزِ وَالْكَسَلِ وَاَعُوْذُبِكَ

مِنَ الْبُخْلِ وَالْجُبْنِ وَاَعُوْذُ بِكَ غَلَبَةِ الدَّيْنِ وَقَهْرِ الرِّجَالِ

Oh Allah I seek protection in You from excessive worries and sadness and I seek protection in You from weakness and laziness and I seek protection in You from miserliness and cowardliness and I seek protection from overpowering debts and being overpowered by people

LESSON NUMBER 68

1) TRANSLATION OF SALAAT

وَعَلٰى آلِ مُحَمَّدٍ "And on the family of Mohammad Sallallahu alaihi wa sallam.

2) ONE SUNNAT Yesterday these differences of females' Salaat were discussed: i) In Qadah the fingers of both hands should be kept close together and the Sunnat of awakening after sleep was discussed ii) On awakening one should rub one's face and eyes with the hands in order to remove the drowsiness of sleep

Today's lesson: Sunnat 3 In the morning when the eyes open one should recite:

اَلْحَمْدُ لِلّٰهِ الَّذِیْ اَحْيَانَا بَعْدَ مَا اَمَاتَنَا وَاِلَيْهِ النُّشُوْرُ

"All praise is due to Allah who has given us life after He had caused us to die and to Him is our return."

3) ONE MAJOR SIN Among the major sins concerning which severe punishment has been narrated is: To mock someone, causing him to lose his respect and feel ashamed.

4) THE HARMS OF SINS Peace of mind is lost due to excessive sinning. The person is in a state of perpetual fear. He always feels that somebody might be watching him or his respect may be lost or that he may run into trouble with somebody. His life becomes depressing.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

Some Duas are such that these protect one from the evil of those around. In the Ahadith we have been promised protection, if we recite Surah Ikhlaas, Surah Falaq and Surah Naas every morning and evening 3 times.

LESSON NUMBER 69

1) TRANSLATION OF SALAAT

"As You sent mercy" كَمَا صَلَّيْتَ

2) ONE SUNNAT

Yesterday these Sunnats on awakening were discussed.

i) On awakening to rub one's face and eyes with the hands in order to remove the drowsiness of sleep

ii) In the morning when the eyes open to recite:

اَلْحَمْدُ لِلّٰهِ الَّذِىْ اَحْيَانَا بَعْدَ مَا اَمَاتَنَا وَاِلَيْهِ النُّشُوْرُ

Today's lesson: Sunnat no 3: After awakening one should make Miswaak. When making Wudhu, again Miswaak will be made This is a separate Sunnat.

3) ONE MAJOR SIN Among the major sins concerning which severe punishment has been narrated is: Without an excuse to make a Salaat Qadah (to miss Salaat).

4) THE HARMS OF SINS

Perpetual sinning causes one's heart to become drowned in sins to such an extent that when a person is on his death bed he is unable to recite the Kalima. However those sins in which he used to involve himself become apparent at this time e.g a beggar passed away while begging for money and one sinner was urged to recite the Kalima and he said tha the was unable to do so and passed away in this state.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

Some forms of worship are such that they become the means of the fulfilment of aspirations and needs e.g. when one performs Salaatul Haajat and makes Dua to Allah Ta'aala, He fulfills one's needs.

LESSON NUMBER 70

1) TRANSLATION OF SALAAT

"Upon Ibraheem alaihis salaam". عَلٰی اِبْرٰهِیْم

2) ONE SUNNAT

Yesterday these Sunnats of awakening were discussed:

i) In the morning when one's eyes open this Dua should be recited.

ii) To make Miswaak. However when making Wudhu, Miswaak should be made again. This is a separate Sunnat.

Today's lesson: Sunnat no.3: Before putting one's hands in a container, the hands should be thoroughly washed up to the wrists three times.

3) ONE MAJOR SIN Among the major sins concerning which severe punishment has been narrated is: To engage in homosexuality.

4) THE HARMS OF SINS

Excessive sinning causes one to lose hope in the mercy of Allah Ta'aala. Thus one does not ask repentance from Allah Ta'aala (Taubah) and one dies in this condition. On one occasion a person who was on his death bed was urged to recite the Kalima. He said: "Of what benefit will this Kalima be to me when I have spent my life in such a condition where I have not performed Namaaz". He died in this condition. May Allah save us.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

Allah Ta'aala becomes the helper and friend of a pious and virtuous person.

LESSON NUMBER 71

1) TRANSLATION OF SALAAT

وَعَلٰى آلِ إِبْرَاهِيْم "And on the descendants of Ibraheem alaihis salaam".

كَمَا صَلَّيْتَ عَلٰى إِبْرَاهِيْمَ وَعَلٰى آلِ إِبْرَاهِيْمَ

means "As You sent mercy on Ibraheem alaihis salaam and on the descendants of Ibraheem alaihis salaam

2) ONE SUNNAT Yesterday these Sunnats of awakening were discussed: i) After awakening to make Miswaak.

ii) Before putting one's hands in a container one should wash them thoroughly up to the wrists 3 times.

Today's lesson: Sunnat no 3: Prior to entering the toilet recite this Dua: اَللّٰهُمَّ إِنِّيْ أَعُوْذُ بِكَ مِنَ الْخُبُثِ وَالْخَبَائِثِ

"Oh Allah I seek pardon in You from the male and female Shayateen".

3) ONE MAJOR SIN Among the major sins concerning which severe punishment has been narrated is: To lose hope in the Mercy of Allah Ta'aala- Allah Ta'aala is Rahman and Raheem. No matter how great a sin is, by making Taubah Allah forgives it Therefore one should hasten to Taubah.

4) THE HARMS OF SINS When one commits a sin a black dot appears on the heart By making Taubah this will be removed otherwise dots continue appearing until one's heart is blackened. In this condition a person finds it difficult to accept the truth when it is presented to him.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

Those who bring Imaan and do good deeds, the angels are ordered to strengthen their hearts and keep them steadfast.

LESSON NUMBER 72

1) TRANSLATION OF SALAAT

ك "You". إنَّكَ means "Surely You"

1) ONE SUNNAT

Yesterday these Sunnats were discussed:

i) After awakening to make Miswaak, and before placing one's hands in a container, one should wash them thoroughly up to the wrists thrice.

ii) Prior to entering the toilet one should recite the following Dua:

اَللّٰهُمَّ اِنِّیْ اَعُوْذُ بِكَ مِنَ الْخُبُثِ وَالْخَبَائِثِ

Today's lesson: Sunnat no. 3: One should enter the toilet with the left foot.

3) ONE MAJOR SIN

Among the major sins concerning which severe punishment has been narrated is: To laugh at somebody, belittling him.

4) THE HARMS OF SINS

When one sins, one becomes excessively attracted to the world and one's heart is full of fear. That attraction to the world causes one to become enveloped in worldly attachments. One's life is totally devoid of such actions which will benefit one in the hereafter.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

People of perfect faith are granted genuine respect by Allah Ta'aala.

LESSON NUMBER 73

1) TRANSLATION OF SALAAT.

"Worthy of Praise " حَمِيْدٌ

2) ONE SUNNAT

Yesterday these Sunnats of the toilet were discussed:

i) Prior to entering the toilet this Dua should be read.

اَللّٰهُمَّ اِنِّىْ اَعُوْذُ بِكَ مِنَ الْخُبُثِ وَ الْخَبَائِثِ

ii) One should enter the toilet with the left foot.

Today's lesson: Sunnat no. 3: One should cover one's head and wear shoes when going to the toilet.

3) ONE MAJOR SIN

Among the major sins concerning which severe punishment has been narrated is:

Reveal the faults of others.

4) THE HARMS OF SINS

Sinning causes Allah Ta'aala's anger to descend upon one.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

Allah Ta'aala raises the ranks and status of a pious person.

LESSON NUMBER 74

1) TRANSLATION OF SALAAT

"The Majestic" مَجِيْدٌ

اِنَّكَ حَمِيْدٌ مَجِيْدٌ

"Verily You are worthy of Praise, Most Majestic".

2) ONE SUNNAT

Yesterday these Sunnats of going to the toilet were discussed:

i) One should enter the toilet with the left foot.

ii) One should cover one's head and wear shoes when going to the toilet.

Today's lesson: Sunnat no. 3: When relieving oneself it is best to lower one's trousers to the lowest possible position when sitting down

3) ONE MAJOR SIN

Among the major sins concerning which severe punishment has been narrated is:

Calling a person with derogatory and dislikeable names e.g. O blind one, O cripple or O fatty etc.

4) THE HARMS OF SINS

Through sinning one's conviction of faith decreases.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

Allah Ta'aala makes it such that the people begin to love a pious and virtuous person and he becomes favoured and accepted amongst people.

LESSON NUMBER 75

1) TRANSLATION OF SALAAT

"O Allah shower blessings". اَللّٰهُمَّ بَارِكْ

2) ONE SUNNAT

Yesterday these Sunnats of going to the toilet were discussed:

i) One should cover one's head and wear shoes when going to the toilet.

ii) When relieving oneself it is better to lower one's trousers to the lowest possible position when sitting down.

Today's lesson: Sunnats no. 3: When relieving oneself neither should one face, nor should one's back be towards Qibla.

3) ONE MAJOR SIN

Among the major sins concerning which severe punishment has been narrated is:

To think evil of someone (i.e. without Sha'ri proof to consider someone evil).

4) THE HARMS OF SINS

Through sinning very often the benefit of even virtuous acts are lost.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

The Qur'an is a source of guidance and cure for those who do good.

LESSON NUMBER 76

1) TRANSLATION OF SALAAT

"Upon MuhammAd Sallallahu alaihi wa sallam". عَلٰى مُحَمَّدٍ

2) ONE SUNNAT

Yesterday these Sunnats of going to the toilet were discussed:

i) When relieving oneself it is best to lower one's trousers to the lowest possible position when sitting down.

ii) When relieving oneself neither should one face, nor should one's back be towards Qibla.

Today's lesson: Sunnat no. 3: While relieving oneself one should. as far as possible, not talk nor make Zikr of Allah Ta'aala.

3) ONE MAJOR SIN

Among the major sins concerning which severe punishment has been narrated is:

To seek the faults of someone.

4) THE HARMS OF SINS

When sins involving shamelessness and immodesty will become common then we will find plagues and strange new diseases occurring amongst the people (e.g. cancer, aids etc).

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

When we will be grateful for the bounties which Allah has bestowed upon us then Allah will increase these.

LESSON NUMBER 77

1) TRANSLATION OF SALAAT

وَعَلٰى اٰلِ مُحَمَّدٍ "And upon the family of Muhammed Sallallahu alaihi wa sallam".

2) ONE SUNNAT Yesterday these Sunnats of going to the toilet were discussed. i) When relieving oneself neither should one face, nor should one's back be towards the Qibla. ii) While relieving oneself one should as far as possible not talk, nor make Zikr of Allah Ta'aala.

Today's lesson: Sunnat no. 3: While relieving oneself one should not touch one's private parts with the right hand, use the left hand for Istinja.

3) ONE MAJOR SIN

Among the major sins concerning which severe punishment has been narrated is: To backbite about someone (i.e behind his back to mention some fautls and evil that are found in him).

4) THE HARMS OF SIN By abstaining from fulfilling Zakaat there will be lack of rainfalls.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

The Pulsiraat (Bridge of Jahannam) in the hereafter will in fact be a similitude of the Siraat-e-Mustaqeem (straight path) of this world. The implication is that should a person have remained on the Siraat-e-Mustaqeem in this world i.e. he lived his life in conformance with the Shariat and the Sunnat of Nabi Sallallahu alaihi wa sallam, in the hereafter he will be able to pass the Pulsiraat with eaSe and comfort. In conclusion, I might add that should you desire to cross the Pulsiraat at the speed of lightening, then adhere to the Shariat and bring your life into complete conformity with it

LESSON NUMBER 78

1) TRANSLATION OF SALAAT

"As You showered blessings". كَمَا بَارَكْتَ

2) ONE SUNNAT

Yesterday these Sunnats of visiting the toilet were discussed. i) While relieving oneself one should, as far as possible, not talk, nor make Zikr of Allah Ta'aala.

ii) While relieving oneself one should not touch the private parts with the right hand. Use the left hand for Istinja.

Today's lesson: Sunnat no. 3: Be extremely careful of urine splashing, because most of the punishment in the grave is due to not being cautious in this regard.

3) ONE MAJOR SIN Among the major sins concerning which severe punishment has been narrated is:

To speak harshly to a person without justification.

4) THE HARMS OF SINS

When unjust judgement shall be passed and promises and treaties broken then the enemies shall overpower us.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

In return for Sabr (patient perseverance) Jannat has been promised. In a Hadith-e- Qudsi Nabi Sallallahu alaihi wa sallam says that Allah says: "When I take the life of a beloved (child, close relative) of a Momin and this Momin makes Sabr on this, believing it to be a form of Thawaab (recompense) from Allah Ta'aala, then I grant him nothing less than Jannah (Allah Ta'aala ensures him an easy passage to Paradise. (Bukhari)

LESSON NUMBER 79

1) TRANSLATION OF SALAAT

"On Ibraheem alaihis salaam". عَلٰى اِبْرَاهِيْمَ

2) ONE SUNNAT

Yesterday these Sunnats of going to the toilet were discussed:

i) While relieving oneself, do not touch the private parts with the right hand. Use the left hand for Istinja.

ii) Be extremely careful of urine splashes, because most of the punishment in the grave will be due to not being cautious of urine splashes.

Today's lesson: Sunnat no. 3: One should sit and urinate, not stand.

3) ONE MAJOR SIN Among the major sins concerning which severe punishment has been narrated is:

To carry tales i.e. causing mischief and strife amongst Muslims.

4) THE HARMS OF SINS

When you will cheat in weighing and measuring (i e. when you will attempt to deceive customers) then droughts will become common and oppressive rulers will be placed over you.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

In the hereafter there will be a visible representation for every virtuous action a person does. It has been mentioned in a Hadith in Tirmizi Sharief that the trees of Jannat are the Kalima .

سُبْحَانَ اللّٰهِ وَالْحَمْدُ لِلّٰهِ وَلَا اِلٰهَ اِلَّا اللّٰهُ وَاللّٰهُ اَكْبَرُ

"Glory be to Thee O Allah and All praise is for Allah alone. There is none worthy of worship besides Allah and Allah is the greatest". Thus that person who desires that he should have a great number of trees in his portion of Jannat, then he should excessively recite this Kalima.

LESSON NUMBER 80

1) TRANSLATION OF SALAAT

وَعَلٰى آلِ إِبْرَاهِيْمَ

"And on the family of Ibraheem alaihis salaam".

2) ONE SUNNAT Yesterday these Sunnats of visiting the toilet were discussed: i) When relieving oneself one should be extremely careful of urine splashes because most of the punishment in the grave is for not being careful of urine splashes. ii) One should sit and urinate, not stand.

Today's lesson: Sunnat no. 3: When stepping out of the toilet, step out with the right leg first. Then recite this Dua outside:

غُفْرَانَكَ اَلْحَمْدُ لِلّٰهِ الَّذِيْ اَذْهَبَ عَنِّيْ وَعَافَانِيْ

"We seek Thy forgiveness, All praise is due to Allah who has removed from me this difficulty and granted me ease.

3) ONE MAJOR SIN Among the major sins concerning which severe punishment has been narrated is:

To slander a person (i.e. to associate a person's name with a fault that is not found in him).

4) THE HARMS OF SINS When a person makes (breach of trust) his heart will be filled with fear for his enemies.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

The visible representation of the Surah Ikhlaas in the hereafter will be a palace. Nabi Sallallahu alaihi wa sallam has said that the person who recites Surah Ikhlaas 10 times will have 1 palace prepared for him in the hereafter. He who recites it 20 times will have 2 palaces (to the end of the Hadith). Thus every individual who desires that he might have a great number of palaces in the hereafter should recite Surah Ikhlass. May Allah grant us the Taufeeq, Ameen.

LESSON NUMBER 81

1) TRANSLATION OF SALAAT

"Verily You". إنك

2) ONE SUNNAT

Yesterday these Sunnats of visiting the toilet were discussed:

i) One should sit and urinate, not stand.

ii) When stepping out of the toilet, one should step out with the right leg first, then recite this Dua:

غُفْرَانَكَ اَلْحَمْدُ لِلّٰهِ الَّذِىْ اَذْهَبَ عَنِّىْ وَعَافَانِىْ

Today's lesson: Sunnat no. 3. In certain places toilets are not found In such instances one should screen and relieve oneself in such a way that nobody sees one.

3) ONE MAJOR SIN

Among the major sins concerning which severe punishment has been narrated is: To deceive.

4) THE HARMS OF SINS

Love of the world and fear of death creates cowardliness and our enemies become fearless against us.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

In the hereafter the visible representation of Sadqa-e-Jaaria (spending charity on such things that have a perpetual effect e.g. building a mosque, spending towards a Madrasah etc.) will be streams. Thus that individual who desires to receive a great number of streams in Jannat should spend excessively towards Sadqa (charity).

LESSON NUMBER 82

1) TRANSLATION OF SALAAT

"Worthy of All Praise" حَمِيْدٌ

2) ONE SUNNAT

Yesterday these Sunnats of going to the toilet were discussed

i) When stepping out of the toilet one should step out with the right leg and then recite this Dua outside

غُفْرَانَكَ اَلْحَمْدُ لِلّٰهِ الَّذِىْ اَذْهَبَ عَنِّىْ وَعَافَانِىْ

ii) In certain places toilets are not found In such instances one should screen and relieve oneself in such a way that nobody sees one

Today's lesson: Sunnat no 3· Before urinating look for such a place where the earth is soft so that splashing is minimised and the urine is absorbed into the ground

3) ONE MAJOR SIN Among the major sins concerning which severe punishment has been narrated is To mock i.e. to cause a person to feel ashamed over any mistake that he committed.

4) THE HARM OF SINS

Nabi Sallallahu alaihi wa sallam said: When Allah Ta'aala decides to punish his servants then children begin to die in greater numbers and women become barren (unable to bear children). (Hayaatul Muslimeen)

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

In the hereafter the visible representation of Deen (Religion) will be clothing Thus that individual who desires that he should be well dressed and have a great deal of clothing in Jannah, should live his life on the principles of Deen and Taqwa (piety).

LESSON NUMBER 83

1) TRANSLATION OF SALAAT

"Majestic" مَجِيْدٌ

اِنَّكَ حَمِيْدٌ مَّجِيْدٌ

means "Verily You are worthy of Praise, Majestic"

2) ONE SUNNAT Yesterday these Sunnats were discussed: i) In certain places toilets are not found. In such instances one should screen and relieve oneself in such a way that nobody sees one. ii) Before urinating, look for such a place where the earth is soft so that the urine is absorbed by the ground and splashing does not occur.

Today's lesson: Sunnat no 3: After urinating, dry the place of Istinja, screening oneself behind a wall etc.

3) ONE MAJOR SIN Among the major sins concerning which severe punishment has been narrated is:
To become joyful at the loss or difficulty of another.

4) THE HARMS OF SINS

When people will sin excessively then Allah Ta'aala will place anger and hatred in the hearts of leaders or their subjects. These leaders in turn will mete out severe punishments and difficulties on their subjects.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

The visible representation of Surah Baqarah and Surah Ale Imraan in the hereafter will be dark clouds which will serve as umbrellas or row upon row of birds. Thus that individual who desires that on the Day of Qiyamat he should be in the shade, should recite these Surahs excessively.

LESSON NUMBER 84

1) TRANSLATION OF SALAAT

"O Allah verily I". اَللّٰهُمَّ اِنِّی

2) ONE SUNNAT: Yesterday these Sunnats were discussed: i) For urinating look for such a place where the earth is soft so that splashing does not occur and the urine is absorbed into the ground. ii) After urinating, dry the place of Istinja, screening oneself behind a wall etc.

Today's lesson: Should one have a ring or anything else upon which a Qur'an Sharief Ayat or the name of Nabi Sallallahu alaihi wa sallam is written and this can be seen, then one should remove it before entering the toilet. However if it is concealed in wax or sewn in cloth as Taweez, then there is permissibility to enter the toilet with it.

3) ONE MAJOR SIN

Among the major sins concerning which severe punishment has been narrated is: To have pride i.e to consider oneself to be superior and to regard others as inferior.

4) THE HARMS OF SINS

One who praises a sinner will soon also become involved in that sin. When one involves oneself in the disobedience of Allah Ta'aala then this results in the love and the greatness of Allah Ta'aala being snatched from one's heart.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

The visible representation of Islamic knowledge in the hereafter will be milk. Thus that individual who desires to receive a spring of milk in Jannat or that he should drink water from the Hauz-e-Kauthar, should apply himself wholeheartedly to the acquisition of Islamic knowledge.

LESSON NUMBER 85

1) TRANSLATION OF SALAAT

"I have wronged". ظَلَمْتُ

2) ONE SUNNAT

Yesterday these Sunnats were discussed:

i) After urinating, dry the place of Istinja, screening oneself behind a wall etc. ii) Should one have ring or anything else upon which a Qur'an Sharief Ayat or the name of Rasullullah Sallallahu alaihi wa sallam is written and this can be seen, then one should remove it before entering the toilet. However, if it is concealed in wax or sewn in cloth as a Taweez then there is permissibility to enter the toilet with it.

Today's lesson: Sunnats of Wudhu. Make Niyat for Wudhu e.g. one should intend that I am making Wudhu in order to make Namaaz permissible for me.

3) ONE MAJOR SIN

Among the major sins concerning which severe punishment has been narrated is: To have pride and praise oneself.

4) THE HARMS OF SINS In a Hadith of Bukhari Sharief it is mentioned that an individual who unjustly steals the land of another even if it be a very small portion, he will be forcibly driven into 7 layers of earth on the Day of Judgement.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

The visible representation of Namaaz in the hereafter will be light. Thus that individual who desires that he should have sufficient light to cross the Pulsiraat should meticulously guard his Salaat.

LESSON NUMBER 86

1) TRANSLATION OF SALAAT

"Myself". نَفْسِى

2) ONE SUNNAT Yesterday these Sunnats were discussed:

i) Should one have a ring or anything else with a Qur'an Sharief Ayat or Rasullullah Sallallahu alaihi wa sallam's name written and this can be seen, then one should remove it before entering the toilet. However, if it is concealed in wax or sewn in a cloth as a Taweez then there is permissibility to enter the toilet with it.

ii) To make the Niyat for Wudhu e.g. one should say that I am making Wudhu in order to make Namaaz permissible for me.

Today's lesson: Sunnat no. 3: To read بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِيْمِ and begin Wudhu It has been narrated that by reading this Dua and starting Wudhu, then till the Wudhu remains, an angel continually writes Thawaab, even though one is engaged in other permissible actions.

3) ONE MAJOR SIN Among the major sins concerning which severe punishment has been narrated is: To abstain from helping those in need despite having the ability to do so.

4) THE HARMS OF SINS The most detrimental harm of sins is that Allah becomes displeased. If there had to be no other punishment or no other harm from sins then just this would be sufficient to cause us to abstain from committing any sins.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

The greatest benefit of worship and obedience is that Allah Ta'aala becomes pleased. In a Hadith Qudsi Rasulullah Sallallahu alaihi wa sallam has said that Allah Ta'aala says that when I am obeyed, I become pleased. Then I grant Barkat (prosperity) and there is no end and limit to that Barkat (Hayaatul Muslimeen).

LESSON NUMBER 87

1) TRANSLATION OF SALAAT

"A great deal of wrong". ظلما كثيرا

اللهم اني ظلمت نفسي ظلما كثيرا

thus means "O Allah I have wronged myself greatly".

1) ONE SUNNAT Yesterday these Sunnats of Wudhu were discussed: i) To make Niyat for Wudhu e.g. one should say that I make Wudhu in order to make Salaah permissible for myself.

ii) To read بسم الله الرحمن الرحيم and begin Wudhu. In one narration it is reported that by reading and starting Wudhu the angel continually write down the Thawaab for him till the end of Wudhu, even though he may be engaged in other permissible affairs.

Today's lesson: Sunnat 3. To wash both hands up to the wrists 3 times.

3) ONE MAJOR SIN

Among the major sins concerning which severe punishment has been narrated is: To cause the loss of the wealth of anyone.

4) THE HARMS OF SINS

Excessive commission of sins will cause a person to be deprived of the acquisition of true Islamic knowledge.

5) THE BENEFITS OF OBEDIENCE AND WORSHP

One of the blessings that one will be granted in this very world is that one will be granted Barkat (prosperity) in one's sustenance i.e. Allah will make it such that from a minute provision many will be sustained. However, Allah's mercy is such that sometimes he will grant a visible and apparent increase in provisions.

LESSON NUMBER 88

1) TRANSLATION OF SALAAT

"And none can forgive". وَلَا يَغْفِرُ

2) ONE SUNNAT

Yesterday these Sunnats of Wudhu were discussed:

i) To read بِسْمِ اللهِ الرَّحْمٰنِ الرَّحِيْمِ and begin Wudhu. It is narrated that by reading and starting Wudhu, then for as long as one's Wudhu remains an angel continually writes down Thawaab for one even though one may be engaged in other permissible affairs.

ii) To wash both hands up to the wrists 3 times.

Today's lesson: Sunnat no 3: To make Miswaak. If one does not have a Miswaak, one shoudd rub the teeth with one's fingers.

3) ONE MAJOR SIN Among the major sins concerning which severe punishment has been narrated is: To harm the reputation of a person.

4) THE HARMS OF SINS

One difficulty that will afflict one in this very world is that there shall be a decrease in the Barkat (blessing) of one's sustenance i.e. despite one's sustenance appearing to be plentiful, very little benefit will be derived from it. Most of it will be wasted on sicknesses and other problems.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

One of the benefits that will be experienced in this world is that Barkat(prosperity) will enshroud one from all sides.

LESSON NUMBER 89

1) TRANSLATION OF SALAAT

"The sins". اَلذُّنُوْب

2) ONE SUNNAT

Yesterday these Sunnats of Wudhu were discussed:

i) To wash both hands up to the wrists thrice.

ii) To make Miswaak. If one does not have a Miswaak then rub the teeth with a finger.

Today's lesson: Sunnat no. 3: To gargle thrice.

3) ONE MAJOR SIN

Among the major sins concerning which severe punishment has been narrated is:

Not showing mercy towards the young.

4) THE HARMS OF SINS

The sinner will always experience a kind of separation from Allah Ta'aala.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

Virtuous actions cause all sorts of difficulties and worries to be alleviated and one experiences a peaceful and heavenly existence.

LESSON NUMBER 90

1) TRANSLATION OF SALAAT

"Besides". إلا

2) ONE SUNNAT

Yesterday these Sunnats of Wudhu were discussed:

i) To make Miswaak. If one does not have a Miswaak then rub the teeth with a finger.

ii) To gargle thrice.

Today's lesson: Sunnat no. 3: To raise water into the nostrils 3 times.

3) ONE MAJOR SIN

Among the major sins concerning which severe punishment has been narrated is: Being disrespectful towards elders.

4) THE HARMS OF SINS

One will find it hard to associate with others and will always experience a kind of solitude. This applies more so to pious people i.e. the sinner will find it extremely difficult to associate with pious people and will then be deprived of the blessings of the company of the illustrious servants of Allah.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

One of the benefits in this very world is that Allah Ta'aala makes things easy for him and he will find it easy to fulfill his aims and aspirations.

LESSON NUMBER 91

1) TRANSLATION OF SALAAT

"And none forgives besides You". وَلَا يَغْفِرُ الذُّنُوْبَ اِلَّا اَنْتَ

2) ONE SUNNAT

Yesterday these Sunnats of Wudhu were discussed:

i) To gargle thrice.

ii) To raise water into the nostrils 3 times.

Today's lesson: Sunnat no.3: To blow the nose 3 times.

3) ONE MAJOR SIN

Among the major sins concerning which severe punishment has been mentioned is:

Abstaining from helping the hungry and needy to the extent of one's ability.

4) THE HARMS OF SINS

The sinner will experience difficulty in all his affairs.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

One will experience great pleasure and joy in life One fact is quite apparent i.e. the sheer pleasure which the pious people achieve in their lives is such that even the kings envy them.

LESSON NUMBER 92

1) TRANSLATION OF SALAAT

"So forgive me". فَاغْفِرْ لِي

2) ONE SUNNAT

Yesterday these Sunnats of Wudhu were discussed:

i) To raise water into the nostrils thrice.

ii) To blow the nose 3 times.

Today's lesson: Sunnat no.3: Wash every limb thrice.

3) ONE MAJOR SIN

Among the major sins concerning which severe punishment has been mentioned is:

To abstain from speaking to your brother for more than 3 days.

4) THE HARMS OF SINS

One of the harms in this world is that the sinner's heart will be filled with darkness and this will eventually cause him to become involved in innovations and deviations that will eventually destroy him.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

The blessings of piety in this world is that sufficient rainfall will occur. Wealth and children will increase, rivers will flow and the gardens will bear wonderful fruits etc.

LESSON NUMBER 93

1) TRANSLATION OF SALAAT

"(Special) Forgiven". مَغفِرَة

2) ONE SUNNAT

Yesterday these Sunnats of Wudhu were discussed:

i) To blow the nose 3 times.

ii) To wash every limb thrice.

Today's lesson: Sunnat no.3: When washing the face, make Khilaal of the beard i.e. run the wet fingers through the beard.

3) ONE MAJOR SIN

Among the major sins concerning which severe punishment has been narrated is: To make a picture of an animate object (something having life).

4) THE HARMS OF SINS

Weakening of the heart and body will occur. The weakness of the heart is that gradually the willingness to do virtuous acts will leave one. Since the condition of the body is dependent on the heart, it too will become weak. It is for this very reason that the Kuffaar who appeared strong, faded away into nothingness when they came into confrontation with the Sahaba Radhiallahu anhum.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

Allah Ta'aala protects the pious believers from all forms of evil and calamities.

LESSON NUMBER 94

1) TRANSLATION OF SALAAT

"From You". مِنْ عِنْدِكَ ,

means "So forgive me by Your special forgiveness".

2) ONE SUNNAT

Yesterday these Sunnats of Wudhu were discussed:

i) Wash every limb thrice.

ii) When washing the face, make Khilaal of the beard i.e. run the wet fingers through the beard.

Today's lesson: Sunnat no. 3: At the time of washing the hands and feet, also make Khilaal of the fingers and toes.

3) ONE MAJOR SIN

Among the major sins concerning which severe punishment has been narrated is: To make a picture of an animate object (something having life).

4) THE HARMS OF SINS

The sinner is deprived of divine help and guidance (Taufeeq) towards the commission of the pious acts. As a result of this, he gradually reaches a stage where he performs no virtuous acts at all.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

Losses in wealth are replenished and often greater recompense is received.

LESSON NUMBER 95

1) TRANSLATION OF SALAAT

"And have mercy upon me". وَارْحَمْنِی

2) ONE SUNNAT

Yesterday these Sunnats of Wudhu were discussed:

i) When washing the face, make Khilaal of the beard i.e. run the wet fingers through the beard.

ii) At the time of washing the hands and feet, also make Khilaal of the fingers and toes.

Today's lesson: Sunnat no.3: To make Masah of the whole head once.

3) ONE MAJOR SIN

Among the major sins concerning which severe punishment has been narrated is:

Involving oneself in begging despite being healthy and in a position to earn.

4) THE HARMS OF SINS

The life of a sinner is void of Barkat (value) i.e. it appears shorter.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

One of the benefits of virtuous acts is that by spending money towards the fulfilment of virtuous and worthy objectives, one's wealth increases.

LESSON NUMBER 96

1) TRANSLATION OF SALAAT

"Verily You". إنَّكَ أنتَ

2) ONE SUNNAT

Yesterday these Sunnats of Wudhu were discussed:

i) At the time of washing the hands and feet, also make Khilaal of the fingers and toes.

ii) To make Masah of the whole head once.

Today's lesson: Sunnat no.3: Together with the Masah of the head, to make Masah of the ears as well.

3) ONE MAJOR SIN

Among the major sins concerning which severe punishment has been narrated is- Shaving of the beard or shortening the beard to less than the length of one fist.

4) THE HARMS OF SINS

The commission of one sin becomes the means and cause for the commission of another, hence the giving up of sins thereafter becomes all the more difficult.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

The obedience of Allah results in peace and serenity enveloping one's heart. The sweetness of it is such that no wealth in the world could purchase it.

LESSON NUMBER 97

1) TRANSLATION OF SALAAT

"The forgiven". اَلْغَفُوْرُ

2) ONE SUNNAT

Yesterday these Sunnats of Wudhu were discussed:

i) To make Masah of the whole head once.

ii) Together with the Masah of the head, to make Masah of the ears as well.

Today's lesson: Sunnat no.3: To wash the limbs of Wudhu by rubbing them well.

3) ONE MAJOR SIN

Among the major sins concerning which severe punishment has been narrated is: To imitate the dress of the Kuffar (i.e. to adopt their style of attire).

4) THE HARMS OF SINS

Excessive commission of sins results in the intention of repentance (Taubah) becoming weak to such an extent that a person is completely deprived of the Taufeeq (divine help) of making Taubah (repentance) and eventually dies in this condition.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

The blessings of obedience are even experienced by one's children to such an extent that they too are protected from calamities.

LESSON NUMBER 98

1) TRANSLATION OF SALAAT

"Merciful". اَلرَّحِيْمُ

إِنَّكَ اَنْتَ الْغَفُوْرُ الرَّحِيْمُ

would thus mean "Verily You are the Forgiver, Merciful".

2) ONE SUNNAT: Yesterday these Sunnats of Wudhu were discussed: i) Together with Masah of the head, to make Masah of the ears as well. ii) To wash the limbs of Wudhu by rubbing them well.

Today's lesson: Sunnat no.3: To make Wudhu by washing the limbs one after the other, without pausing in-between.

3) ONE MAJOR SIN: Among the major sins concerning which severe punishment has been narrated is:

For men to imitate the dressing of women.

4) THE HARMS OF SINS Perpetually committing a particular sin results in the extent of the despicability of that particular sin leaving one's heart. Thus one no longer feels ashamed to commit that sin. This results in extensive commission of sins and one is thus distanced from the mercy and forgiveness of Allah Ta'aala.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

Hidden glad tidings are given to an obedient person in this very life e.g. good dreams. This results in the strengthening of his bond with Allah Ta'aala which enhances his will to carry out virtuosu acts and Allah Ta'aala grants him more Taufeeq (divine assistance).

LESSON NUMBER 99

1) TRANSLATION OF SALAAT

"Peace be upon you". اَلسَّلَامُ عَلَيْكُمْ

2) ONE SUNNAT Yesterday these Sunnats of Wudhu were discussed: i) To wash the limbs of Wudhu by rubbing them well. ii) To make Wudhu by washing the limbs one after the other, without pausing in-between.

Today's lesson: Sunnat no.3: To make Wudhu in the correct sequence.

3) ONE MAJOR SIN

Among the major sins concerning which severe punishment has been narrated is:

For women to imitate the dressing of men.

4) THE HARMS OF SINS

Every sin invariably has its roots with some nation of the enemies of Allah i.e. it was first committed by them and thus its commission continued. Thus, by committing a sin it is as if you are receiving the inheritance (hallmark) of that particular accused nation. In the Hadith it is mentioned that he who will imitate a nation is from amongst them. (He will be reckoned amongst them). It would, therefore, be wise to repent immediately.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

As a pious person is about to leave this world, the angels give him glad tidings of Jannat (paradise) and of the bounties and pleasures that are to be found there. They also inform him that Allah Ta'aala is pleased with him.

LESSON NUMBER 100

1) TRANSLATION OF SALAAT

"And the mercy of Allah". ورحمة الله

2) ONE SUNNAT Yesterday these Sunnats of Wudhu were discussed i) To make Wudhu by washing the limbs one after the other, without pausing in-between. ii) To make Wudhu according to the correct sequence

Today's lesson: Sunnat no.3: To wash the right side first.

3) ONE MAJOR SIN

Among the major sins concerning which severe punishment has been narrated is: To commit fornication (adultery)

4) THE HARMS OF SINS: A sinner loses status and becomes worthless in the sight of Allah Ta'aala. Thus the creation also have no respect for him It may appear that people are honouring him, however this will only be because of their greed (i.e. they want something from him, or out of fear for him). No one will have true respect for him. Allah Ta'aala says. "He who Allah disgraces, there shall be none to honour him". •

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

The effect of some forms of worship is that when one is uncertain whether he should undertake a particular venture or he is uncertain about some affair of his, then by carrying out this form of worship, all his doubts and apprehensions will be removed and he will be guided towards that in which there is complete benefit for him. This can be achieved by performing Salaatul Istikhaara and thereafter making Dua (supplication).

LESSON NUMBER 101

1) TRANSLATION OF SALAAT

Now we shall begin with the translation of a few of the Surahs of Holy Qur'an so that, by keeping their meanings in mind, one's concentration will be in Salaat. We shall begin with Surah Kaafiroon.

قُلْ "say"

2) ONE SUNNAT: Yesterday these Sunnats of Wudhu were discussed: i) To make Wudhu according to the correct sequence. ii) To wash the right side first.

Today's lesson: the 3rd of Sunnat of the Wudhu. After Wudhu, Kalima Shahaadat should be recited:

أَشْهَدُ أَنْ لَا إِلٰهَ إِلَّا اللّٰهُ وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ

3) ONE MAJOR SIN

Among the major sins concerning which severe punishment has been narrated is: To steal.

4) THE HARMS OF SINS: The misfortune of sins not only affects the sinner but affects other creatures as well, so that even animals curse the sinner.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

Some forms of worship have this effect that they result in Allah Ta'aala's taking upon Himself the responsibility of fulfilling the need of the virtuous person. e.g. in a Hadith Qudsi, it is mentioned "O son of Adam, perform 4 Rakaats of Salaat for Me in the beginning of the day, I will fulfill all your needs till the end of the day". (Tirmizie Sharief)

LESSON NUMBER 102

1) TRANSLATION OF SALAAT

"O rejecters of faith" يَا أَيُّهَا الْكَافِرُوْنَ

means, say: "O rejecters of faith (Kuffar) قُلْ يَا أَيُّهَا الْكَافِرُوْنَ

2) ONE SUNNAT Yesterday these Sunnats of Wudhu were discussed: i) To wash the right side first.
ii) After Wudhu to read the Kalima Shahaadat:

أَشْهَدُ أَنْ لَا إِلٰهَ إِلَّا اللّٰهُ وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُوْلُهُ

Today's lesson: Thereafter this Dua should be read:

اَللّٰهُمَّ اجْعَلْنِيْ مِنَ التَّوَّابِيْنَ وَاجْعَلْنِيْ مِنَ الْمُتَطَهِّرِيْنَ

3) ONE MAJOR SIN: Among the major sins concerning which severe punishment has been narrated is:
Kidnapping or highway robbery.

4) THE HARMS OF SINS One harm is that sins cause the mind to become weak and intelligence to diminish. In fact, the commission of sins is proof of one's foolishness, because if one's intellect were sound, one would not disobey that Powerful Being who controls both the worlds. For the sake of the little enjoyment of a sin, one will not destroy the benefits of this world and the hereafter.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP
Some virtuous acts have the effect that they cause Barkat in possessions. It is mentioned in a Hadith that if the buyer and seller speak the truth and disclose the condition of the goods then there will be Barkat for both of them in their transaction. (Bukhari & Muslim)

LESSON NUMBER 103

1) TRANSLATION OF SALAAT

"I do not worship". لَا اَعْبُدُ

2) ONE SUNNAT

Yesterday these Sunnats of Wudhu were discussed:

i) After Wudhu Kalima Shahaadat should be recited:

اَشْهَدُ اَنْ لَا اِلٰهَ اِلَّا اللّٰهُ وَاَشْهَدُ اَنَّ مُحَمَّدًا عَبْدُهٗ وَرَسُوْلُهٗ

ii) Thereafter this Dua should be read:

اَللّٰهُمَّ اجْعَلْنِيْ مِنَ التَّوَّابِيْنَ وَاجْعَلْنِيْ مِنَ الْمُتَطَهِّرِيْنَ

Today's lesson: Sunnat no. 3: When one finds it difficult to make Wudhu, one should still perform a complete and perfect Wudhu.

3) ONE MAJOR SIN: Among the major sins concerning which severe punishment has been narrated is:

To give false evidence.

4) THE HARMS OF SINS: One major harm of sins is that one comes under the curse of Nabi Sallallahu alaihi wa sallam; since he cursed many sins. Nabi Sallallahu alaihi wa sallam cursed the taker of interest, the giver of interest and the writer of the transaction and the witness to it. He also cursed the thief, makers of pictures, those who commit homosexuality, those who vilify the Sahaba Radhiallahu anhu etc. If there was no other harm in sins then this harm is grave enough that one comes under the curses of Rasulullah Sallallahu alaihi wa sallam. (Naoozobillah).

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

By obedience and religiousness, leadership and prosperity remain intact.

LESSON NUMBER 104

1) TRANSLATION OF SALAAT

"What you worship". مَا تَعْبُدُوْنَ

لَا اَعْبُدُ مَا تَعْبُدُوْنَ

means " I do not worship what you worship".

2) ONE SUNNAT Yesterday these Sunnats of Wudhu were discussed: i) After Wudhu the Kalima Shahaadat should be read, then this Dua should be read:

اَللّٰهُمَّ اجْعَلْنِىْ مِنَ التَّوَّابِيْنَ وَاجْعَلْنِىْ مِنَ الْمُتَطَهِّرِيْنَ

ii) When one finds it difficult to make Wudhu, (due to extreme coldness etc.) one should still perform a complete and perfect Wudhu.

Today's lesson: Sunnat no. 3: While entering the Masjid, one should say: بِسْمِ اللّٰهِ وَالصَّلٰوةُ وَالسَّلَامُ عَلٰى رَسُوْلِ اللّٰهِ

3) ONE MAJOR SIN Among the major sins concerning which severe punishment has been narrated is:
To usurp the wealth of orphans.

4) THE HARMS OF SINS One harm of sins in this world is that a person is deprived of the Duas of the angels. Allah Ta'aala says in the Qur'an that the angels make Dua-e-Maghfirat (Dua of forgiveness) for those believers who follow the path shown by Allah. Thus those who, by committing sins, have left that path are deprived.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP
By some form of monetary worship, the anger of Allah is appeased and one does not die a bad death. Nabi Sallallahu alaihi wa sallam has said that Sadqa (charity) cools the anger of Allah Ta'aala and saves one from a bad death.

LESSON NUMBER 105

1) TRANSLATION OF SALAAT

"And nor". وَلَا

2) ONE SUNNAT

Yesterday these Sunnats of Wudhu were discussed:

i) When one finds it difficult to make Wudhu, one should still perform a complete and perfect Wudhu.

ii) While entering the Masjid, one should say: بِسْمِ اللهِ

Today's lesson: Sunnat no. 3: Thereafter one should recite Durood Sharief, e.g. وَالصَّلٰوةُ وَالسَّلَامُ عَلٰى رَسُوْلِ اللهِ

3) ONE MAJOR SIN

Among the major sins concerning which severe punishment has been narrated is:

Disobedience to parents and causing difficulty to them.

4) THE HARMS OF SINS

One harm of sins is that various forms of disasters occur on the earth, wind, water, grain and fruit diminish. It can thus be deduced that the lack of Barkat which is increasing daily is the result of our sins.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

One effect of worship is that Dua causes calamities to be deviated and virtuous deeds cause one's life to increase. Nabi Sallallahu alaihi wa sallam said: "Predestined matters cannot be obviated except through Dua, and nothing extends one's life except virtuous acts. (Tirmizi Sharief)

LESSON NUMBER 106

1) TRANSLATION OF SALAAT

"You" اَنْتُمْ

2) ONE SUNNAT

Yesterday these Sunnats of entering the Masjid were discussed:

i) When entering the Masjid, one should say: بِسْمِ اللهِ

ii) Thereafter one should recite Durood Sharief, e.g.:

وَالصَّلٰوةُ وَالسَّلَامُ عَلٰى رَسُوْلِ اللهِ

Today's lesson: Sunnat no. 3: Thereafter one to read this Dua: اَللّٰهُمَّ افْتَحْ لِيْ اَبْوَابَ رَحْمَتِكَ

The above 3 Duas should be read like this

بِسْمِ اللهِ وَالصَّلٰوةُ وَالسَّلَامُ عَلٰى رَسُوْلِ اللهِ اَللّٰهُمَّ افْتَحْ لِيْ اَبْوَابَ رَحْمَتِكَ

3) ONE MAJOR SIN: Among the major sins concerning which severe punishment has been narrated is:
To take the life of an innocent person.

4) THE HARMS OF SINS

One harm of sins in this world is that by sinning one loses shame and modesty. When shame is lost, a person does the worst of things.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

By reciting Surah Yaseen, all work is accomplished. Nabi Sallallahu alaihi wa sallam said: "The needs of a person who recites Surah Yaseen in the morning will be fulfilled". (Daarami)

LESSON NUMBER 107

1) TRANSLATION OF SALAAT

"Worshippers". عَابِدُوْنَ

وَلَا اَنْتُمْ عَابِدُوْنَ means "and nor are you worshippers".

2) ONE SUNNAT

Yesterday these Sunnats of entering the Masjid were discussed:

i) To recite Durood Sharief

ii) To read: اَللّٰهُمَّ افْتَحْ لِيْ اَبْوَابَ رَحْمَتِكَ

Today's lesson: Sunnat no. 3: Enter the Masjid with the right leg.

3) ONE MAJOR SIN Among the major sins concerning which severe punishment has been narrated is:
To take a false oath.

4) THE HARMS OF SINS

By excessive perpetration of sins, the greatness of Allah comes out of the heart of the person. Once the Greatness and Majesty of Allah no longer remain in the heart of a person then he becomes low in the sight of Allah Ta'aala. As a result of this he is also regarded by the people as being inferior and he is discarded by them.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

The recitation of Surah Waaqiah protects one from poverty. Nabi Sallallahu alaihi wa sallam said: The person who recites Surah Waaqiah every night will never be afflicted by poverty.

LESSON NUMBER 108

1) TRANSLATION OF SALAAT

"That which I worship" مَا أَعْبُدُ

وَلَا أَنْتُمْ عَابِدُونَ مَا أَعْبُدُ

means "And nor are you worshippers of that which I worship"

2) ONE SUNNAT Yesterday these Sunnats of entering the Masjid were discussed: i) To read this Dua: اَللّٰهُمَّ افْتَحْ لِيْ اَبْوَابَ رَحْمَتِكَ

ii) To enter the Masjid with the right leg first.

Today's lesson: Sunnat no. 3: To make the intention of Itikaaf.

3) ONE MAJOR SIN Among the major sins concerning which severe punishment has been narrated is: For men to imitate the dressing of women.

4) THE HARMS OF SINS The ill fortune of sins are such that the favours of Allah Ta'aala are no longer upon a person. He falls into the depths of difficulties and torments. Sometimes we observe that people who sin excessively appear to be in a great deal of ease and comfort, however this is merely the grace that Allah Ta'aala is granting them. Such a person is in even greater danger when Allah Ta'aala does reckon with him, either in this world or in the hereafter, he shall be given a great deal more punishment. He shall be called to account for the greater favours that were granted to him.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

Due to the blessings of Imaan, one will be able to suffice on very little food. A person used to eat excessively. He accepted Islam and began to eat a great deal less. Nabi Sallallahu alaihi wa sallam said: "A believer eats to fill one intestine".

LESSON NUMBER 109

1) TRANSLATION OF SALAAT

"And nor I". وَلَا اَنَا

2) ONE SUNNAT

Yesterday these Sunnats of entering the Masjid were discussed: i) To enter the Masjid with the right foot first. ii) To make the intention of Itikaaf.

Today's lesson: Sunnat no. 3: The Sunnats of leaving the Masjid begin. Firstly recite: بِسْمِ اللّٰهِ

3) ONE MAJOR SIN Among the major sins concerning which severe punishment has been narrated is:

To give bribes (n.b. if without giving a bribe a person will not be saved from the oppression of an oppressor, then in giving the bribe there will be no sin. However the accepting of bribes is Haraam in any situation).

4) THE HARMS OF SINS

The respect and honour of a person is lost due to committing sins. He is thus afflicted by disgrace and difficulties. For example, a person who does good deeds is regarded as pious and obedient and Allah forbid, should he commit sins, then this very person will be regarded as a Faasiq (habitual sinner) and oppressor.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

Due to the Barakah of some Duas, a person is saved from sickness and difficulties. For example if someone sees a person who is sick or in some difficulty then he should recite:

LESSON NUMBER 110

1) TRANSLATION OF SALAAT

"And nor will I worship". وَلَا أَنَا عَابِدٌ

2) ONE SUNNAT Yesterday two Sunnats of entering and leaving the Masjid were discussed:

i) When entering the Masjid to make the Niyat for Itikaaf.

ii) When leaving the Masjid to recite: بِسْمِ اللهِ

Today's lesson: Sunnat no. 3: To read Durood Sharief.

وَالصَّلٰوةُ وَالسَّلَامُ عَلٰى رَسُوْلِ اللهِ

3) ONE MAJOR SIN: Among the major sins concerning which severe punishment has been narrated is:
To give alcohol to drink.

4) THE HARMS OF SINS Shaytaan easily influences an excessive sinner and causes him to become drowned in sins.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP
Due to the blessings of some Duas worries are removed and debts are settled. In the Hadith the following Dua is mentioned:

اَللّٰهُمَّ إِنِّيْ أَعُوْذُ بِكَ مِنَ الْهَمِّ وَالْحُزْنِ وَأَعُوْذُبِكَ مِنَ الْعَجْزِ وَالْكَسَلِ وَأَعُوْذُبِكَ مِنَ الْبُخْلِ وَالْجُبْنِ وَأَعُوْذُ بِكَ مِنْ غَلَبَةِ الدَّيْنِ وَقَهْرِ الرِّجَالِ

"Oh Allah I seek protection in You from excessive worries and sadness and I seek protection in You from weakness and laziness and I seek protection in You from miserliness and cowardliness and I seek protection from overpowering debts and being overpowered by people".

LESSON NUMBER 111

1) TRANSLATION OF SALAAT

"That which you worship". مَا عَبَدْتُّمْ

وَلَآ اَنَا عَابِدٌ مَّا عَبَدْتُّمْ would then mean "And nor do I worship that which you worship".

2) ONE SUNNAT

Yesterday these Sunnats of leaving the Masjid were discussed:

i) To read Bismillah ii) To recite Durood Sharief.

Today's lesson: Sunnat no. 3: To read the Dua:

اَللّٰهُمَّ اِنِّىۤ اَسْئَلُكَ مِنْ فَضْلِكَ

3) ONE MAJOR SIN: Among the major sins concerning which severe punishment has been narrated is:

To become the means of others drinking alcohol (i.e. to be involved in its production, serving, etc).

4) THE HARMS OF SINS

Peace of mind is lost due to excessive sinning. The person is in a state of perpetual fear. He always feels that somebody might be watching him or his respect may be lost or that he may run into trouble with somebody. His life thus becomes depressing.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

Some Duas are such that protect one from the evil of those around. In the Ahadith we have been promised protection should we recite Surah Ikhlaas, Surah Falaq, and Surah Naas every morning and evening 3 times.

LESSON NUMBER 112

1) TRANSLATION OF SALAAT

"And nor are you worshippers". وَلَا أَنْتُمْ عَابِدُوْنَ

2) ONE SUNNAT

Yesterday these Sunnats of leaving the Masjid were discussed:

i) To recite Durood Sharief. ii) To read the Dua like this:

بِسْمِ اللهِ وَالصَّلٰوةُ وَالسَّلَامُ عَلٰى رَسُوْلِ اللهِ اَللّٰهُمَّ اِنِّى اَسْئَلُكَ مِنْ فَضْلِكَ

Today's lesson: Sunnat no. 3: Step out of the Masjid with the left leg first.

3) ONE MAJOR SIN: Among the major sins concerning which severe punishment has been narrated is:

The production of alcohol (i.e. squeezing the grapes etc).

4) THE HARMS OF SINS

Perpetual sinning causes one's heart to become drowned in sin to such an extent that when a person is on his death bed he is unable to recite the Kalima. However, those sins in which he used to involve himself become apparent at this time e.g. a beggar passed away while begging for money and one sinner was urged to recite the Kalima and he said that he was unable to do so and passed away in this state.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

Some forms of worship are such that they become the means of the fulfilment of aspirations and needs of one e.g when one performs Salaatul Haajat and makes Dua to Allah Ta'aala, then Allah Ta'aala fulfills one's needs.

LESSON NUMBER 113

1) TRANSLATION OF SALAAT

"That which I worship". - مَا اَعْبُدُ

وَلَا اَنْتُمْ عَابِدُوْنَ مَا اَعْبُدُ

would thus mean "And nor are you worshippers of that which I worship".

2) ONE SUNNAT

Yesterday these Sunnats of leaving the Masjid were discussed:

i) To read the Dua in this way:

بِسْمِ اللهِ وَالصَّلٰوةُ وَالسَّلَامُ عَلٰى رَسُوْلِ اللهِ اَللّٰهُمَّ اِنِّىْ اَسْئَلُكَ مِنْ فَضْلِكَ

ii) To step out of the Masjid with the left foot first

Today's lesson: Sunnat no 3: Put on the right shoe or sandal first.

3) ONE MAJOR SIN

Among the major sins concerning which severe punishment has been narrated is: To become the means of others getting involved in the production of liquor.

4) THE HARMS OF SINS: Excessive sinning causes one to lose hope in the mercy of Allah Ta'aala. Thus one does not ask repentance from Allah Ta'aala (Taubah) and one dies in this condition. On one occasion a person who was on his death bed was urged to recite the Kalima He said. "Of what benefit will this Kalima be to me when I have spent my life in such a condition where I have not performed Namaaz" He died in this condition May Allah save us.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

Allah Ta'aala becomes the helper and friend of a pious and virtuous person.

LESSON NUMBER 114

1) TRANSLATION OF SALAAT

"For you is your recompense". لَكُمْ دِيْنُكُمْ

2) ONE SUNNAT

Yesterday these Sunnats of leaving the Masjid were discussed:

i) To step out of the Masjid with the left foot first.

ii) To put on the right shoe or sandal first.

Today's lesson: Sunnat no. 3: The Sunnats of sleeping. To sleep with Wudhu.

3) ONE MAJOR SIN

Among the major sins concerning which severe punishment has been narrated is:

The selling of liquor.

4) THE HARMS OF SINS

When one commits a sin a black dot appears on the heart. By making Taubah this will be removed otherwise dots continue appearing until one's heart is blackened. In this condition a person finds it difficult to accept the truth when it is presented to him.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

When a person has Imaan and does good deeds the angels are ordered to strengthen his heart and keep him firm.

LESSON NUMBER 115

1) TRANSLATION OF SALAAT

"And for me is my recompense". وَلِيَ دِيْنِ

2) ONE SUNNAT

Yesterday these Sunnats were discussed:

i) When leaving the Masjid to put on the right shoe or sandal first.

ii) To be with Wudhu when going to sleep.

Today's lesson: Sunnat no. 3: To dust one's bed 3 times with the side of one's clothing prior to sleeping.

3) ONE MAJOR SIN

Among the major sins concerning which severe punishment has been narrated is:

The purchasing of liquor.

4) THE HARMS OF SINS

When one sins, one becomes excessively attracted to the world and one's heart is filled with fear. The attraction to the world causes one to become engrossed in worldly attachments. One's life thus becomes totally devoid of such actions which will benefit one in the hereafter.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

People of perfect faith are granted genuine respect by Allah Ta'aala.

LESSON NUMBER 116

1) TRANSLATION OF SALAAT

قُلْ اَعُوْذُ بِرَبِّ الْفَلَقِ

"Say I seek protection in the Lord of Dawn".

2) ONE SUNNAT

Yesterday these Sunnats of sleeping were discussed:

i) To sleep with Wudhu.

ii) To dust one's bed 3 times with the side of one's clothes.

Today's lesson: Sunnat no. 3: Prior to sleeping to change one's clothes is Sunnat.

3) ONE MAJOR SIN

Among the major sins concerning which severe punishment has been narrated is:

To consume the profit obtainerd from the sale of liquor.

4) THE HARMS OF SINS

Sinning causes Allah Ta'aala's anger to descend upon one.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

Allah Ta'aala raises the ranks and status of a pious person.

LESSON NUMBER 117

1) TRANSLATION OF SALAAT

"From the evil of all creation". مِنْ شَرِّمَا خَلَقَ

2) ONE SUNNAT

Yesterday these Sunnats of sleeping were discussed:

i) To dust one's bed 3 times with the side of one's clothes.

ii) Prior to sleeping to change one's clothes is Sunnat.

Today's lesson: Sunnat no. 3: It is Sunnat for both male and female to apply Surma 3 times each to both eyes prior to sleeping.

3) ONE MAJOR SIN

Among the major sins concerning which severe punishment has been narrated is: To involve oneself in the transportation of liquor.

4) THE HARMS OF SINS

Through sinning one's conviction of faith decreases.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

Allah Ta'aala makes it such that people begin to love pious and virtuous persons and they become favoured and accepted amongst people.

LESSON NUMBER 118

1) TRANSLATION OF SALAAT

وَمِنْ شَرِّ غَاسِقٍ إِذَا وَقَبَ

"And from the evil of the dark night when it enshrouds".

2) ONE SUNNAT

Yesterday these Sunnats of sleeping were discussed:

i) Prior to sleeping to change one's clothes is Sunnat.

ii) It is Sunnat for both male and female to apply Surma 3 times each to both eyes prior to sleeping.

Today's lesson: Sunnat no. 3: To sleep on the right side, facing Qibla is Sunnat. Sleeping on one's stomach is forbidden since this is how Shaytaan sleeps.

3) ONE MAJOR SIN

Among the major sins concerning which severe punishment has been narrated is: To request for liquor.

4) THE HARMS OF SINS

Due to sinning it often happens that the benefit of virtuous actions are lost.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

The Qur'an is a source of guidance and cure for those who do good.

LESSON NUMBER 119

1) TRANSLATION OF SALAAT

وَمِنْ شَرِّ النَّفّٰثٰتِ فِى الْعُقَدِ

"And (I seek protection in You) from the evil of those who read and blow on the knot".

2) ONE SUNNAT

Yesterday these Sunnats of sleeping were discussed:

i) It is Sunnat for both male and female to apply Surma 3 times each to both eyes prior to sleeping.

ii) To sleep on the right side, facing Qibla is Sunnat. Sleeping on one's stomach is forbidden since this is how Shaytaan sleeps.

Today's lesson: Sunnat no. 3: To lie on the bed and recite this Dua is Sunnat: اَللّٰهُمَّ بِاسْمِكَ اَمُوْتُ وَاَحْيٰى

3) ONE MAJOR SIN

Among the major sins concerning which severe punishment has been narrated is: To flee from the battlefield whilst involved in Jehaad-e-Shari (that Holy War which has been sanctioned by the Shariat).

4) THE HARMS OF SINS: When sins involving shamelessness and immodesty will become common then we will find plagues and strange new diseases occurring amongst the people (e.g. cancer, aids, etc.)

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

When we will be grateful for the bounties which Allah has bestowed upon us, then Allah will increase these.

LESSON NUMBER 120

1) TRANSLATION OF SALAAT

وَمِنْ شَرِّ حَاسِدٍ إِذَا حَسَدَ

"And from the evil of the jealous when he is jealous"

2) ONE SUNNAT

Yesterday these Sunnats of sleeping were discussed:

i) To sleep on the right side, facing Qibla is Sunnat. Sleeping on one's stomach is forbidden since this is how Shaytaan sleeps.

ii) Lie down on the bed, and recite this Dua:

اَللّٰهُمَّ بِاسْمِكَ اَمُوْتُ وَاَحْيٰى

Today's lesson: Sunnat no. 3: Should one get up suddenly having experienced a nightmare, one should recite:

اَعُوْذُ بِاللّٰهِ مِنَ الشَّيْطَانِ الرَّجِيْمِ

3 times and spit to the left. Thereafter one should change one's side and go back to sleep.

3) ONE MAJOR SIN

Among the major sins concerning which severe punishment has been narrated is: To become involved in transactions concerning bribery e.g. to become the means or the negotiator of a contract concerning bribery.

4) THE HARMS OF SINS

When people will refrain from fulfilling their Zakaat, then lack of rainfalls and droughts will occur.

5) THE BENEFITS OF OBEDIENCE AND WORSHIP

The Pulsiraat (Bridge of Jahannam) in the hereafter will in fact be a similitude of the Siraat-e-Mustaqeem (straight path) of this world. The implication is that should a person have remained on the Siraat-e-Mustaqeem in this world i.e. he lived his life in conformance with the Shariat and the Sunnat of Nabi Sallallahu alaihi wa sallam, in the hereafter he will be able to pass the Pulsiraat with ease and comfort. In conclusion, I might add that should you desire to cross the Pulsiraat at the speed of lightning, then adhere to the Shariat and bring your life into complete conformity with it.